Birchwood NISSAN

MARCH 14 MARCH 15 MARCH 16 MARCH 17 MARCH 18 MARCH 19

SEE PAGE 7 FOR SPECIAL OFFERS!

Don't just sit there.
Colon cancer screening saves lives.

To request a test, visit GetCheckedManitoba.ca or call 1.855.95.CHECK

GetChecked Manitoba.ca

ColonCheck CancerCare Manitoba

Winnipeg metro

Your essential daily news | THURSDAY, MARCH 17, 2016 | High 1°C/Low -5°C Snow Showers

HOUSE OF CARDS
Season 4: Cynical and silly, writes Johanna Schneller
metroLIFE

Budget in final days

MUNICIPAL MATTERS

City council will make final vote March 22

Braeden Jones
Metro | Winnipeg

Mayor Brian Bowman and his top policy committee have unanimously passed "a balanced budget" and "disciplined approach for building Winnipeg for the future."

With the executive policy committee's stamp of approval Wednesday, the city's budget now must get final approval from council next week before it becomes official.

This week, council heard from a number of public interest groups, ultimately making few changes to its operating and capital books as proposed by the budget working group. "Some (suggestions) were not accepted, some were and will be moving forward in the amendments we made (Tuesday), and some will be referred to the 2017 budget for consideration," Bowman said.

Operating items moving forward to 2017 include Siloam Mission's grant request of $3 million and the establishment of a new policy to assist in delivering grant agreements that are "user friendly and customer-service oriented."

One major capital budget item deferred for a year is an allocation of $2.4 million for Seven Oaks Indoor Pool's renewal plan.

The only significant change the committee made was dropping a proposed $250 fine for not showing up to appeal hearings.

Finance chairman Marty Morantz said the fee was initiated from because "in some cases, the appeals process was … overwhelming."

People file appeals after hearings for variance requests and, according to Morantz, choose to "not show up at the appeals hearing."

RACE TO THE FINISH

Expert's guide on what to expect in the provincial election

metroNEWS

0% FINANCING
iDesign® THE MOST ADVANCED DIAGNOSTIC AND TREATMENT PLANNING TOOL FOR LASIK. NEW & ONLY at Image Plus
IMAGE PLUS LASER EYE CENTRE
CALL: 94-FOCUS
imageplus.ca

VICKAR COMMUNITY CHEVROLETS

Truly Amazing Lowest Prices Ever!

CRAZY LOW PRICES SALE!

2015 SILVERADO DBL CAB

CASH PRICE

$22,989* OR **$71**/WK

power locks, power windows, air, tilt cruise, 17" wheels, stabilitrak

2.99% FOR 84MO

STK# FT5875

WAS ~~$34,045~~

2 YEARS FREE MAINTENANCE

OVER $11,000 OFF!

2015 CHEVY CRUZE LS

A/C! Power locks, power windows, keyless entry, WiFi, XM Radio plus much more. STK #FC0381

2 YEARS FREE MAINTENANCE

1 AVAILABLE

BRAND NEW **$12,888*** OR **$45**/w* 2.99% for 84 mos

2015 TRAX LS

WiFi, keyless entry, p.locks, power windows, Bluetooth. STK # FT0215

1 AVAILABLE

BRAND NEW **$13,988*** OR **$49**/w* 2.99% for 84 mos

2015 CHEVY COLORADO EXT CAB

Most popular midsize pickup, 16" wheels, power locks, power windows, rear camera, plus much more. #FT9117

2 YEARS FREE MAINTENANCE

INCLUDES AIR CONDITIONING

BRAND NEW **$18,988*** OR **$65**/w* 2.99% for 84 mos

2015 CHEVY EQUINOX LT

Full power group, fog lights, 7" touch screen radio, heated seats, remote start, rear camera, auto climate control #FT0658

2 YEARS FREE MAINTENANCE

2 AVAILABLE

BRAND NEW **$24,940*** OR **$79**/w* 2.99% for 84 mos

Over $10,000 off the 2015 Malibu!

- Aluminum Wheels
- USB Port
- Touch Screen
- Bluetooth
- XM radio
- Rear Camera
- Remote Start
- Autodim mirror
- STK #FC3314

2 YEARS FREE MAINTENANCE

3 AVAILABLE

2015 CHEVY MALIBU LT

BRAND NEW **$18,988*** OR **$61**/w* 2.99% for 84 mos

BRAND NEW

2016 SILVERADO DBL CAB 4X4

Power Windows, Power Locks, Cruise, A/C, 4x4, Stabilitrak, STK # GT6178

2 AVAILABLE

LEASE FOR

24 MOS. $98/w* 0% for 24mo, 20,000km/yr

60 MOS. $91/w* 2.9% for 60mo, 20,000km/yr

ATTN: Malibu owners, Vickar's wants to give you a free oil change no strings attached. Call for details!

Questions? No time to Call? Text us at (204) 227-8240

VICKAR COMMUNITY CHEVROLET GM Canada

"Where Customers Send Their Friends"

VOLUME DEALER IN CANADA 2012, 2014 & 2015 Dealer Permit #9714

"LIKE" US ON & FOLLOW US ON FOR ADDITIONAL SAVINGS OVER AND VICKAR AUTOBODY & GLASS

964 REGENT AVE. W.

SPECIAL SALES HOTLINE

1-800-711-3613 (Including Winnipeg)

OPEN 24 HOURS

www.vickarchevrolet.ca

Example of Finance: $18,000 at 2.99% over 60 months = cost of borrowing $1,424. All prices and payment plus applicable tax. 2016 Silverado lease at 20,000,ms/yr $0 due at signing OAC. $0.16/km over mileage charge.

metro NEWS

Your essential daily news

Have a safe and happy St. Patrick's Day, Canada!

FUNDRAISING

Local duo develops indie card game

Winnipeggers are being invited to test out Surplus of Popes, a new card game created by local duo William O'Donnell and Bart Rucinski.

The friends have been working together for the past few years under the name Yak and Shadow, creating a series of comics.

One day, O'Donnell recalls cracking jokes to Rucinski, which eventually became the premise for a new card game.

"If he laughed, I put a check, and would be like 'That's a good one,'" O'Donnell said in a recent interview.

A few more potential card games jokes and a title later, they came up with the actual concept for what's now been called Surplus of Popes.

"The plot of the game is everyone is a pope and you're trying to come up with the coolest life story by trying to enhance your pride and withhold your shame," O'Donnell said.

The game is played with cards and a coin, which has a happy pope on one side and a sad pope on the other

> **If he laughed, I put a check, and would be like 'That's a good one.**
> William O'Donnell

They've been trying out the game at conventions, game nights and private events to make sure they catch any possible issues while they're still working on the final design.

They want as many people as possible to test out the game as they continue to improve the cards until their Indiegogo campaign ends in May.

In about two weeks, they've raised more than $3,000 of their $5,000 goal, and there's two months left on the fundraising campaign. MEG CRANE/FOR METRO

A new card game started out with jokes between friends.
MEG CRANE/FOR METRO

Blog aims to help newcomers adjust

INTERNATIONAL STUDENTS

Many deal with cultural baggage, says Ligia Braidotti

Meg Crane
For Metro | Winnipeg

Ligia Braidotti, creator of the blog I Choose Winnipeg to help international students navigate life in Winnipeg, now calls Osborne Village home after moving from Brazil. MEG CRANE/FOR METRO

Ligia Braidotti immigrated to Winnipeg from Brazil as an international student because she was attracted by the chance at better job opportunities.

Once she arrived, she realized many other people came from other countries for the same reasons.

"I realized that a lot of (local) people didn't know why I was here," Braidotti said on Wednesday.

Other international students she spoke with found the same thing, which is that Winnipeggers could not understand why they would come to our city for an education.

That's when Braidotti created I Chose Winnipeg — a blog that tells the stories of international students who decided to make Winnipeg home.

"I created this website as a resource to help people understand the different cultures. So, I interviewed people from Russia, from Brazil, from China," Braidotti said.

More than 700 people, many of who live overseas and are considering coming to Canada as international students, have started following her blog.

She hopes the site will help prepare potential students for life in Winnipeg.

When many arrive for the first time, she says some will love it while others will begin to think twice about their choice.

"We come here with a cultural baggage," Braidotti said, adding that can create difficulties when it comes to connecting with Canadian students.

"It's important that people know the challenges that we have to go through. All the challenges that we have to come here. And how important it is that we're able to connect with local students," said Braidotti.

Many students come to Winnipeg to experience a new culture and new city, but can end up spending a majority of their time with other international students rather than locals.

Part of that reason is that many international students are still learning English, and they are worried Canadian students may judge them, she explained.

"It's very discouraging," said Braidotti.

Many people also do not understand how expensive living in Winnipeg is for international students, who she said pay about four times the tuition of local students.

Bowman firm on budget

CUTS

Funding for police service is contentious

Braeden Jones
Metro | Winnipeg

City council may still decide to give the Winnipeg Police Service more money to prevent layoffs the board says are "inevitable," but Mayor Brian Bowman isn't flinching.

His executive policy committee had a chance to amend the police budget Wednesday, but didn't take it, forwarding it along to next week's council meeting when the budget will be passed.

The committee's move comes after the police board and Chief Devon Clunis warned the allocation proposed by the city is about $2.45 million short of what would be needed to prevent layoffs.

Despite the budget increasing from $263 million last year to $280 million, which Bowman notes is "the greatest investment in policing in the history of this city," as many as 80 employees — police officers and cadets — are rumoured to be on the chopping block.

Mayor Brian Bowman says this year's $280 budget for the Winnipeg Police Service "is the greatest investment in policing in the history of this city." STEPHANIE TAYLOR/METRO FILE

Vice-chairman of the board Barry Tuckett said despite the $16-million increase to their budget, their "fixed costs" are increasing by $20 million for 2016.

According to Tuckett, "There is no way (the board) can take that (budget) and say there will be no layoffs."

But Bowman believes "there is sufficient funding there to ensure that there aren't staff adjustments."

He explained Wednesday that, in early budget deliberations, the board advised they needed $9.7 million to keep up with salaries under their collective bargaining agreement.

"That was something that was very important to us in our deliberations, that we honour the collective agreement," Bowman said.

He said council still might decide if "funding is increased to $280 million or another number," and if not, the decision whether or not police lose their jobs "is made by the police board."

And that latter decision, he said, isn't their only way to cut costs.

Boots on the ground are one thing, but the mayor has been critical in the past of what the police has operating in the sky and sitting in their garage as well.

Bowman said he'd ask that they look at "equipment," adding, "threats of staffing adjustments … aren't the only options available to them."

IN NUMBERS

$280 million
Amount proposed to fund the Winnipeg Police Service under 2016 city budgets.

$16.7 million
How much the Winnipeg Police Service's budget increased by from 2015 to 2016.

$20 million
How much the city's police board says the force's "fixed costs" are increasing this year.

80
Combined number of junior officers and cadets the police warn will be laid off if they are forced to find $2.45 million in savings.

ON THE ROADS

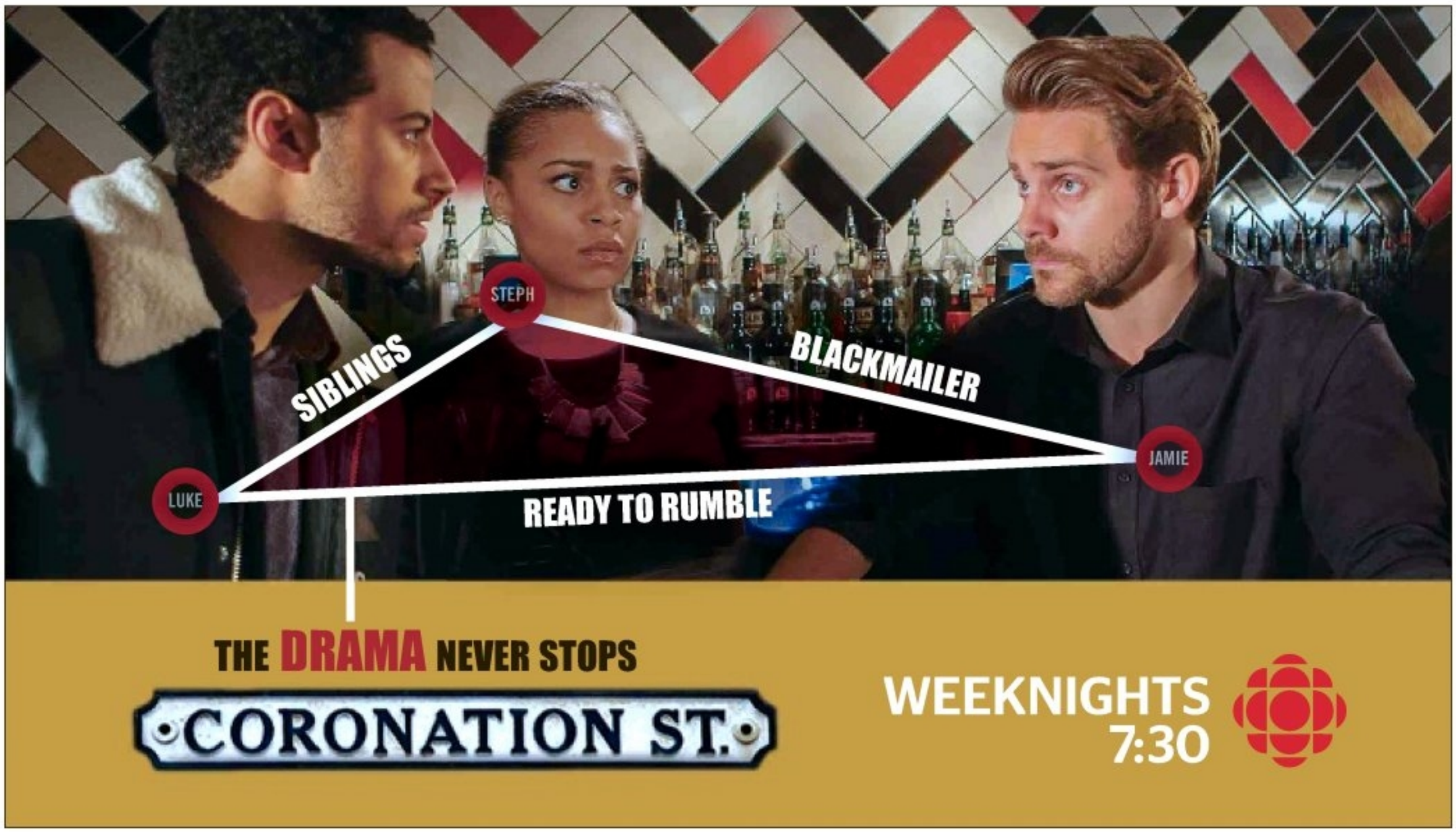
Woman charged after deadly car crash

Police have arrested a woman in connection to a fatal collision that claimed the life of a 71-year-old man.

Police arrested Summer Skye Patchinose, 22, of Winnipeg on several charges including causing death by criminal negligence and driving while ability impaired causing death, after a crash on February 27.

On that day around 1:30 a.m., police said emergency crews responded to an area of McPhillips Street and Jarvis Avenue for the report of a two-vehicle collision. Police said the drivers were taken to hospital, where the man later died. Police are not releasing his name.

Investigators learned that about 20 minutes earlier, a woman had stolen a Honda Civic by Sherbrook Street and Ross Avenue. Police concluded the stolen vehicle had been travelling south on McPhillips Street when it sideswiped a car, but did not injure the driver. A short time later, police said the stolen vehicle continued south and hit a Buick Regal. METRO



Extraordinary iPhone 6.
Extraordinary offer.

$0*

on a 2 year
Share Plan.

Regular price $270.

iPhone 6

Get iPhone 6 16 GB for $0* on a 2 year Share Plan.

Visit telus.com/iPhone6 for this limited-time offer.

TELUS
the future is friendly®

For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.

BEST BUY LONDON DRUGS THE MOBILE SHOP Walmart WOW! mobile boutique

TELUS STORES

Winnipeg

Garden City Shopping Centre | Polo Park | St. Vital Centre | 393 Portage Ave. | 1555 Regent Ave. W | 3653 Portage Ave.

*Offer ends March 31, 2016. Available to customers who activate or renew a smartphone on a 2 year Your Choice plan (TELUS Share Plan in Manitoba) or a TELUS SharePlus Plan starting at $95/month before taxes (starting at $65/month in Manitoba and $75/month in Saskatchewan and $85/month Quebec) or starting at $55/month before taxes when adding a line that uses data from an existing subscriber (if that subscriber cancels service, data must be added, from $25/month). Taxes and pay-per-use charges (including long distance, roaming and additional airtime or data) are extra. SIM not included. Consumer accounts only. Offer not stackable with other code-based offers. TELUS, the TELUS logo, the future is friendly, telus.com and Your Choice are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2016 TELUS.

2016 PROVINCIAL ELECTIONS
THE LEADERS

Meet the premier hopefuls

Name: Rana Bokhari
Party: Manitoba Liberal
Age: 38
Party profile: Liberals only have one seat in the Manitoba legislature, and no official party status.

Bokhari has a tough campaign ahead of her. The 38-year-old lawyer is fighting for a seat in the Winnipeg constituency of Fort Rouge against popular writer and broadcaster Wab Kinew. He's running for the NDP and Audrey Gordon is carrying the banner for the Progressive Conservatives.

Name: Greg Selinger
Party: NDP
Age: 65
Party profile: The NDP has been the governing party for 16 years, with Selinger at the helm since 2009. Currently, the party holds 35 seats in the Manitoba legislature

Selinger has stayed on despite internal strife, external criticism, the departure of most of his senior advisers after the caucus revolt and poll numbers that suggest his party could fall to third place in the April 19 election.

Name: Brian Pallister
Party: Progressive Conservatives
Age: 61
Party profile: The PCs are the official opposition, and hold 19 seats in the Manitoba legislature.

Since becoming leader of the Progressive Conservative Opposition in 2012, Pallister has made his mark by driving staff and caucus members hard, rebuilding constituency associations and boosting party coffers to prepare for the April 19 election. METRO WITH FILES FROM THE CANADIAN PRESS

Premier Greg Selinger addresses media after the writ was dropped for Manitoba's 42nd election on Wednesday. BRAEDEN JONES/METRO

Candidates deemed full of 'inadequacies'

MANITOBA ELECTION 2016

Voters have slim pickings as election kicks off: Professor

Braeden Jones
Metro | Winnipeg

The writ for the Manitoba election may have been dropped, but it may be unfair to say it mirrors a gauntlet drop between titans.

One expert notes "all sorts of inadequacies and incompetencies" in all three major parties.

"Altogether I think we are in a deep trough in terms of provincial politics in Manitoba," said University of Winnipeg politics professor Allen Mills.

He said that overall, "people's expectations of provincial politics are minimal," but given what Manitobans have to choose between, he thinks "there is a very high likelihood of abstention."

"Our political elite are as incompetent as they have ever been," Mills said.

"There are some very good people in all three parties, let's not be silly about it, but we really don't have a political class as competent and mature as previous political classes have been."

With no party emerging as outstanding after weeks of posturing and announcements, Mills said each has a clear path forward to become the most attractive of three unattractive options before the vote April 19.

"The PCs need to make sure they don't drop any balls, don't make any mistakes," he said. "They need to avoid any criticism of mistakes and believe that the government will defeat itself."

Conversely, the NDP has to somehow "comport themselves such that they convince (Manitobans) the Conservatives or Liberals are such a scary possibility, that in spite of everything, everyone should rush back the NDP."

"Because (if they don't), the sky will fall."

And the Manitoba Liberals, Mills said, "need to present themselves as viable" to climb out of far third place, and capitalize on the "overflowing of federal Liberal support and popularity."

"But they really have to convince the electorate they have strong leadership and strong policies."

In his mind, the outcome will be determined by which party achieves those obvious goals and to what degree, and which way the middle class swings.

"Where they (middle-class Manitobans) are not looking is the NDP," Mills said, predicting orange seats "are going to be swept away … in a Conservative tide, I think, on the issue of the PST alone."

"'You said you wouldn't do it, and you did it,'" he expects voters to say. "(Party leader Brian Pallister) will hammer home on that."

That is, in his mind, the most likely outcome of the election.

"Can there be an accident on the way? I don't know, I can't imagine what that will look like," Mills said. "Maybe if Pallister does something really stupid.

2016 PROVINCIAL ELECTIONS
PROMISE TRACKER

Education and taxes were first election promises

Manitoba party leaders wasted no time trotting out their campaign promises on the first official campaign day.

On Wednesday, Manitoba's Liberal leader kicked off the election campaign with a promise to bring in all-day kindergarten.

Rana Bokhari says the promise will cost $50 million — a figure that doesn't include any necessary school expansions or upgrades.

Rana Bokhari
METRO FILE

Meanwhile, the leader of Manitoba's Conservative party says he would cut millions in wasteful spending if his party forms government.

Brian Pallister says he is committed to cutting the provincial sales tax and recouping $300 million in savings, even if natural disaster strikes or he can't find $300 million in cuts.

Brian Pallister
THE CANADIAN PRESS

Greg Selinger held a rally Wednesday evening to kick off the NDP campaign. METRO WITH FILES FROM THE CANADIAN PRESS

Greg Selinger
THE CANADIAN PRESS

5 GREAT REASONS TO Love Portage Place

SERVICES COMMUNITY. VARIETY. CONVENIENCE. FOOD.

Portage Place Shopping Centre is your one-stop shop for a wide range of services for everything from tailors to taxes and from hair dressers to chiropractors.

MEET HERE. SHOP HERE.

PORTAGE PLACE

Home reno a laughing matter

PRAIRIE THEATRE EXCHANGE

Marriage: A Demolition in Two Acts hits with all ages

Meg Crane
For Metro | Winnipeg

Prairie Theatre Exchange (PTE) in Winnipeg will be presenting audiences with the idea of saving a marriage through home renovations.

It's an idea that seems preposterous to any couple that has attempted this feat and survived their relationship to tell about it.

But Marriage: A Demolition in Two Acts was inspired by playwright Rick Chafe's own home renovation experiences.

He started by writing a 10-minute play, which was first shown at PTE's Carol Shields Festival of New Works, but the current rendition of the show runs two hours long.

From left, Marina Stephenson Kerr, Tom Anniko and Justin Otto perform in a comedy that shows the strife couples undergo during home renovations. COURTESY B. MONK

"We have this middle-aged couple working on their kitchen and we have this young couple here to help them," said actor Justin Otto, who plays John, one half of the younger couple.

John and his partner Maggie are considering marriage when they find themselves helping Julie and Wayne, the older couple, with the kitchen. However, the older couple's fighting makes Maggie and John rethink tying the knot.

Otto says it was easy for many of the cast members to relate to their characters.

A scene from Marriage: A Demolition. COURTESY B. MONK

"Half the jokes will land with a certain demographic and half the jokes will land with the other demographic," Otto said.

In one scene, audiences see John and Wayne exit the kitchen, put down a sledgehammer and grab early morning beers, which they must quickly hide when Julie enters the picture.

"The best part of this show is it hits the young market, it hits the old, it hits the middle-aged, and it also hits the guys who might not necessarily go to the theatre," said Otto.

This is Otto's first time performing with PTE, and first time since university that he's been in a comedy.

"To be so funny and outlandish — I mean, we're dealing with real things — and for people to laugh at the darker sides of what we're talking about, I think you have to be really specific," said Otto. "It's no easy task to be over-the-top and hilarious."

He said the play is not only gut-bustlingly funny, but touches on real life issues that are sure to strike a chord with audiences.

"The older generation, now, is finding it very hard to retire. And my generation is finding it very hard to make the living that we were expected to make," said Otto.

"Beyond all the hijinks and fun in this play, it speaks a lot to how difficult it is to just survive in the society we have now."

This is Chafe's second play to debut at PTE, the first being The Secret Mask in 2011.

The world premiere of Marriage: A Demolition in Two Acts starts March 16 and runs until April 3.

> "It's no easy task to be over-the-top and hilarious."
> Actor Justin Otto

RATES FROM 0% PLUS
CHOOSE FROM 3 GREAT OFFERS
No-Charge EXTENDED WARRANTY^ OR 2 MONTHLY PAYMENTS ON US^ OR Up to $1,500 BONUS CASH^
MY CHOICE AVAILABLE ON SELECT MODELS
BIRCHWOOD NISSAN IS GOING BIG IN THE SPIRIT OF ST. PATTY!!
MARCH 14 MARCH 15 MARCH 16 MARCH 17 MARCH 18 MARCH 19
NISSAN VERSA
WE HAVE 10 LEFT!
2015 VERSA S CVT STK # N15387
REG: $17,810 NOW $12,937 OR FINANCE FROM $85 BW
NO REASONABLE OFFERS REFUSED!
UP TO $3,000 OFF^
2016 ROGUE S AWD FO#N0235
STARTING FROM $25,961 OR FINANCE FROM $159 BW
PLUS ANOTHER $600 FOR NISSAN OWNERS^
Nissan Owners can save up to $1017 more!!
$1017 Additional Trade Assistance on ANY Brand!
Receive up to $1017 off extended warranty with each purchase
Birchwood NISSAN Call: 204-261-3490 birchwoodnissan.ca
POINTE WEST AUTOPARK | 50-3965 PORTAGE AVENUE
My Choice is available on select models. All prices plus PST and GST. ^Cash discount on 2007 or newer customer Nissan model. 2016 Rogue S AWD / 2015 Versa S CVT starting from $25,461 / $12,937 or financing from $159 / $85 at 5.5% APR for 96 months APR, financed through Nissan Canada Finance.Representative Finance Example: $25,000 financed at 5.5% APR equals 208 equal payments of $159 plus taxes with a total cost of borrowing of $5,927.52. Factory Order may be required. All finance rates available on approved credit. Dealer permit #0086

Canada's time to 'step up'

UNITED NATIONS

Trudeau aims to win back seat on security council in 2021

Canada will vie to win back a seat on the United Nations Security Council, Prime Minister Justin Trudeau says.

"We are determined to help the UN make even greater strides in support of its goals for all humanity," Trudeau said Wednesday in the lobby of UN headquarters in New York.

"My friends, it's time. It's time for Canada to step up once again," Trudeau said.

Canada will seek to win back a seat for the 2021-22 term, Trudeau said.

As he made his much-anticipated announcement, Trudeau said that Canada has a long and honoured history with the United Nations that dates back to its founding in 1945.

"We are determined to revitalize Canada's role in peacekeeping," Trudeau said.

He said that his government has made pushes forward in recent months on issues like gender equality, refugee resettlement, respect for diversity, stability in the Mideast and answers to climate change, all of which are in sync with UN goals.

Under the Charter, the Security Council has primary responsibility for the maintenance of international peace and security. It has 15 members, and each member has one vote. Under the Charter, all member states are obligated to comply with Council decisions.

The Security Council attempts to settle disputes peacefully and makes recommendations for terms of settlement in disputes. It can also impose sanctions and authorize the use of force.

The 190-plus members of the General Assembly won't vote on new candidates until the fall of 2020 so it will take at least five more years before Canada could start a two-year term.

That means Trudeau will have to win another federal election in 2019 if he wants to personally see Canada come "back."

TORSTAR NEWS SERVICE/WITH FILES FROM THE CANADIAN PRESS

Prime Minister Justin Trudeau meets with UN Secretary-General Ban Ki-moon at the United Nations in New York on Wednesday. KENA BETANCUR/AFP/GETTY IMAGES

PM talks gender equality

Setting aside parental leave that can only be taken by fathers may be a way of improving the flexibility available to young families, Prime Minister Justin Trudeau said Wednesday before a clearly approving audience at the United Nations.

He said he and his government are trying to make Parliament more family friendly, saying it's time to update an institution "designed for old, white guys."

Parliamentary travel requirements and sitting hours can be barriers to women with young children, but it's time to challenge institutions and find ways to make them work better, Trudeau said.

Businesses and organizations can be encouraged to be more open to equality, he added. "One of the things that has shown effectiveness is just making people report explicitly on the gender balance within their organization, within their boards at the highest levels," he said.

THE CANADIAN PRESS

RESETTLEMENT

Next priority is finding jobs for Syrian refugees: McCallum

Progress has been made on finding housing for Syrian refugees but the next big challenge is getting them a job, Immigration Minister John McCallum said Wednesday.

Recent figures suggest 69 per cent of the refugees outside Quebec have found permanent accommodation, up from 52 per cent a few weeks ago, he said.

"When you have huge numbers of refugees coming in at the same time, you never solve the problem overnight," McCallum noted. "There are always hiccups and bumps along the road, but I think the speed with which the housing issue has been addressed augurs well."

The numbers don't include those from Quebec, which has its own program and where housing hasn't created the same dilemmas as in the rest of the country.

McCallum says the problem was most pronounced in larger cities like Vancouver and Toronto, where 50 per cent of refugees have now found homes, up from 30 per cent a few weeks ago.

The immigration minister says most should be housed by the end of April and the rest by the end of June.

The Trudeau government met its initial goal of accepting 25,000 Syrian refugees at the end of February. Finding jobs becomes the next priority, and McCallum is speaking this week with industry representatives in Halifax, Montreal, Winnipeg and Vancouver.

Government-sponsored refugees don't often have a lot of education, but McCallum is confident refugees will be able to find work after getting some language education.

THE CANADIAN PRESS

HYUNDAI
NEW THINKING. NEW POSSIBILITIES.
THE ALL-NEW 2017 ELANTRA

#SUPERSEARCH IS ON.

The 5TH and most vital clue has been uncovered! Visit hyundaisupersearch.com and answer this clue correctly to obtain a unique PIN. Visit your local dealership and test drive the all-new Elantra to activate your PIN for a chance to win $20,000* Good luck! #SUPERSEARCH

Submit your answer to this clue at HYUNDAISUPERSEARCH.com

Clue#5

This just in! The competition is reported to be at the biggest airport in Canada with the SUPERSTRUCTURE™ and they're about to fly it to their secret headquarters! What city is this airport in?

Hint:

It is 1 of these 3 cities:

A) Calgary

B) Vancouver

C) Toronto

We are so close to finding it! Google™ "biggest airport in Canada" if you need a little more help with the answer!

*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN$2,500.00 each, and one (1) Grand Prize of CDN$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. TM/MDThe Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

U.S. SUPREME COURT

Obama nominates successor to Scalia

Ignoring Republican threats, U.S. President Barack Obama nominated appeals court judge Merrick Garland to the Supreme Court on Wednesday, thrusting a respected moderate jurist and former prosecutor into the centre of an election-year clash over the future of the nation's highest court.

Obama cast the 63-year-old Garland as "a serious man and an exemplary judge" deserving of a full hearing and a Senate confirmation vote, despite Republican vows to deny him both. Standing in the White House Rose Garden with Garland, Obama argued the integrity of the court was at stake and appealed to the Senate to "play it straight" in filling the seat left vacant by the death of Justice Antonin Scalia.

"It's supposed to be above politics," Obama said of the high court. "It has to be. And it should stay that way."

Republican leaders, however, held to their refusal to consider any nominee, saying the seat should be filled by the next president after this year's election.

Garland is the chief judge for the United States Court of Appeals for the District of Columbia Circuit, a court whose influence over federal policy and national security matters has made it a proving ground for potential justices.

THE ASSOCIATED PRESS

U.S. President Barack Obama walks with Judge Merrick B. Garland, before announcing his nomination to the Supreme Court, Wednesday. GETTY IMAGES

IN BRIEF

American sentenced to 15 years in North Korea

North Korea's highest court sentenced an American tourist to 15 years in prison with hard labour for subversion on Wednesday. Otto Warmbier, 21, was convicted and sentenced in a one-hour trial in North Korea's Supreme Court.

THE ASSOCIATED PRESS

Morocco cuts peacekeeping

The Moroccan government is reducing its staff and support for the UN peacekeeping operation in the Western Sahara after UN Secretary-General Ban Ki-moon allegedly made insulting remarks about the disputed territory.

THE ASSOCIATED PRESS

REFUGEES

Syrian refugee children pose for a picture at an informal tented settlement near the Syrian border in Jordan.

1 **Mariam Aloush, 8, from Homs, Syria.** "I remember our home in Syria and my school there. I just want to go back," said Mariam.

2 **Mohammed Bandar, 12, from Hama, Syria.** "I want to become a doctor to be able to help people," said Mohammed.

3 **Ahmad Zughayar, 6, from Deir el-Zour, Syria.** "I remember the sound of bombings on homes in Deir el-Zour," said Ahmad.

4 **Yasmeen Mohammed, 11, from Eastern Ghouta, Syria.** Yasmeen, whose family fled their town, said she misses her old life. "All I want is to go back to my school in Syria and see my friends," she said.

ALL PHOTOS MUHAMMED MUHEISEN/ THE ASSOCIATED PRESS

Syrians mark fifth year since uprising began

CONFLICT

War rages on as Moscow rises, U.S. retreats, Syria suffers

As Syrians mark the fifth anniversary of the uprising against President Bashar Assad, here are some of the key events in the conflict:

March 2011: Protests erupt in the city of Dara over security forces' detention of a group of boys accused of painting anti-government graffiti on the walls of their school. On March 18, security forces open fire on a protest in Dara, killing four people in what activists regard as the first deaths of the uprising.

August 2011: U.S. President Barack Obama calls on Assad to resign and orders Syrian government assets frozen.

March 2013: Rebel forces capture Raqqah, a city of 500,000 people on the Euphrates River.

August 2013: A chemical weapons attack in the Damascus suburbs kills hundreds.

June 2014: Syrians in government areas vote in presidential elections. Assad, one of three candidates, overwhelmingly wins with 88.7 per cent.

September 2015: Russia begins launching airstrikes in Syria in support of Assad's forces.

November 2015: Seventeen nations meeting in Vienna adopt a timeline for a transition plan in Syria that includes a new constitution as well as UN-administered parliamentary and presidential elections within 18 months.

February 2016: Indirect peace talks between the Syrian government and opposition in Geneva collapse a few days after starting, over a Russian-backed Syrian army offensive in Aleppo.

March 2016: The UN's Syria envoy says indirect peace talks will resume in Geneva. Russian President Vladimir Putin announces his armed forces will begin withdrawing from Syria.

THE ASSOCIATED PRESS

TAKE A TIP FROM THE FASHION WORLD AND DRESS YOUR WINDOWS IN LAYERS.

Amazing drapery promotions like upgrades, discounts, and more going on now!*

Contact your local Budget Blinds Style Consultant for incredible offers in your area!

*Applies to selected window treatments by Budget Blinds®. Some restrictions may apply. Ask for details. Not valid with any other offers, discounts or coupons. Valid for a limited time only. Offer good at initial time of estimate only. At participating franchises only. ©2016 Budget Blinds, LLC. All Rights Reserved. Budget Blinds and Inspired Drapes are trademarks of Budget Blinds, LLC and Home Franchise Concepts Canada. Each franchise independently owned and operated.

what's your style iD?

Express yourself with Inspired Drapes,® a Budget Blinds® exclusive.

Love this Rough Luxe style? Request a consultation with one of our expert Style Consultants.

866-471-7662
BudgetBlinds.com

Budget Blinds
Canada's #1 Choice for Window Coverings

Women get career help

RETURN TO WORK

Program aims to get women in finance back on track

In 2012, after a 12-year career working for global investment banks in Asia and the United States, Meric Koksal did what many women do at some point in their lives: she put her career on pause.

Koksal wanted to spend more time with her two young daughters and pursue her interest in pilates. After three years, Koksal moved to Canada in 2014 with an eye to getting back into finance.

> **Without this program, quite frankly, they can't even get their resumés looked at seriously.**
> Jennifer Reynolds

Through her networking efforts, Koksal discovered the Return to Bay Street Program, run by advocacy and networking group Women in Capital Markets.

The program, now in its fifth year, has helped 22 women including Koksal return to their careers in finance by setting them up with four-month paid contracts at large Canadian financial institutions. Twenty-one of those women have since landed full-time jobs.

This year, Return to Bay Street is expanding to Montreal, starting with a workshop next Tuesday that will help candidates prepare for the application process.

Jennifer Reynolds, the president and CEO of Women in Capital Markets, says she hopes some of the contracts secured for applicants this year will be in Montreal, where National Bank, one of the participating financial institutions, has a sizable presence.

Reynolds says part of the program's success has been rooted in the fact that it allows women to re-enter the industry at a similar level to where they were when they left — rather than starting from scratch in a junior position such as an analyst or an associate.

"Without this program, quite frankly, they can't even get their resumés looked at seriously," says Reynolds. "Just getting interviews is very, very difficult. People just say, 'Well, this person's been out. They don't count.'"

Confidence can be a challenge for women looking to return to work, says Reynolds.

"You don't know exactly how things have changed, where exactly you fit in, where your skill set would work," says Catherine Staveley, another Return to Bay Street alum.

THE CANADIAN PRESS

Meric Koksal, pictured on the CIBC trading floor in Toronto.
CHRIS YOUNG/THE CANADIAN PRESS

NEWSPAPERS PUBLISHER STEPS DOWN John Cruickshank has announced he is stepping down as publisher of the Toronto Star and president of the Star Media Group, effective May 4. His final day coincides with Torstar's annual meeting. He will continue to serve as co-chairman of Canadian Press Enterprises (CPE) and as one of Torstar's directors on the CPE board. "Today, I am announcing that I'm ready to leave scaling new journalistic heights to someone with less-arthritic limbs and more recently acquired tools and skills," Cruickshank said in a statement on Wednesday. TORSTAR NEWS SERVICE

ANTI-BIAS EDUCATION

New app splits cheque based on privilege

Luke Simcoe
Metro | Toronto

A new app can help you check your privilege when it comes time to split the cheque.

EquiTable takes a restaurant bill, divides it by the number of diners and adjusts how much each person owes based on the wage gap between genders and races. So, a white man out for dinner with a black woman would fork over more cash to cover the bill.

"It doesn't split the bill equally; it splits it equitably," said the app's creator, Luna Malbroux, who noted the wage gap calculation is based on data from the U.S. Bureau of Labour Statistics.

Malbroux, a comedian and anti-bias educator from California, admits the app has its tongue planted firmly in cheek but said it's a fun way to start a conversation about a serious issue.

> **It doesn't split the bill equally, it splits it equitably.**
> Luna Malbroux, EquiTable creator

"I hope it helps people think a little bit more about how the wage gap affects different people," she said.

In Canada, a recent report showed women earn an average of $8,000 less a year than men, a wage gap that's twice the global average.

Malbroux said the gap grows larger when factors such as race or disability are factored in.

EquiTable plans to launch on iOS later this week.

where accidents unhappen.®
CARSTAR Winnipeg Saskatchewan ... 204 837-2399
CARSTAR Winnipeg Fife ... 204 632-7712
CARSTAR Winnipeg Chevrier ... 204 475-7193
CARSTAR Winnipeg Henderson ... 204 338-1551
CARSTAR Stonewall ... 204 467-4329
*AIR MILES® reward miles not applicable on MPI claims.
CARSTAR Collision & Glass Service

Find your dream home this spring!
SPRING 2016
Parade of Homes
MARCH 5-26
PRESENTED BY
Manitoba Home Builders' Association

metro VIEWS
Your essential daily news
Thursday, March 17, 2016

CHANTAL HÉBERT ON LEADERSHIP ON THE LEFT

Most New Democrats would not be terribly unhappy to see Mulcair bow out. But those who believe he is all that stands in the way of a less centrist NDP are taking their dreams for reality.

As the New Democrats ponder the future of their federal party and leadership, here are a few inconvenient truths they might have to face up to.

1 Yes, the NDP lost the last federal campaign on a fiscal and social platform that the Liberals could have written. The key planks of yearly balanced budgets and a national childcare program were lifted from outdated red books. It was a decidedly middle-of-the-road document.

But the party has also never won an election on a platform that was not centrist. That was true in Saskatchewan in the days of Alan Blakeney and Roy Romanow, and in Manitoba under Howard Pawley, Gary Doer and Greg Selinger.

Over the last decade Nova Scotia's NDP hugged the centre all the way to a solo term in government. And Rachel Notley did not win power in Alberta last spring on the promise of a socialist revolution.

Overall, the NDP has tended to do best in provinces where it could substitute itself for a weak Liberal party. But a stronger New Democrat presence has not translated into more progressive governance in those provinces than the Canadian average.

In the big picture, the NDP's finish last October was its second-best ever. By comparison, the last time voters had coalesced behind the Liberals to usher out the Conservatives was 1993 and the New Democrats were left with nine seats, three short of the minimum required to hold official party status in the House of Commons.

The NDP has tended to do best in provinces where it could substitute itself for a weak Liberal party.

MIDDLE MAN The problem with the NDP's 2015 federal-election platform under Thomas Mulcair was not that it veered too far to the right, but that it was risk-averse and forgettable, Chantal Hébert writes. THE CANADIAN PRESS

From the outside, one of the glaring weaknesses of the last NDP platform was not that it leaned too far to the right but that it was risk-adverse to the point of being eminently forgettable. But then, the same could be said of Jack Layton's 2011 platform.

2 The next federal election is almost four years away and the prospect of a national victory for the NDP is possibly even more remote. But the party does not live or die on the sole basis of its federal performance. British Columbia, Ontario and Alberta — to name just those three — will all be going to the polls before 2019.

Some NDP activists would have the federal party adopt the so-called LEAP manifesto. It would, among things, commit a New Democrat government to reject trade deals, oppose new pipelines and ensure fossil fuels stay in the ground.

For the record, the Greens have promoted some of the LEAP ideas for a while and found only modest traction for them. And in the last British Columbia election, NDP fortunes went in decline after the party firmed up its anti-pipeline rhetoric. It was a strategic move designed to make a dent in Green support but ultimately a call that cost more votes than it attracted.

The NDP would be more likely to implode than to ever unite behind the LEAP manifesto.

3 It is an urban legend that the 2012 leadership campaign saw the federal New Democrats choose the quest for power over party principles. In fact, the winner, the runner-up and the third-place candidate in that race were all political pragmatists.

Mulcair had spent his provincial political career on the Liberal benches of the national assembly in Quebec. But Brian Topp — who finished second — had cut his teeth in the backrooms of Romanow's centrist Saskatchewan governments and helped steer the federal NDP in the same direction under Layton. Nathan Cullen finished a strong third on a platform to seek a formal alliance with the Liberals.

When some defeated MPs opine that they no longer recognize the NDP in the party that Mulcair leads, one can only wonder what they think it would have looked like under the men who were the second and third choices of the membership more than three years ago.

Most New Democrats would not be terribly unhappy to see Mulcair bow out. He might not even earn enough support on a confidence vote next month to stay on. But those who believe he is all that stands in the way of a less centrist NDP are taking their dreams for reality. If the New Democrats' choices boiled down to keeping their current leader or going hard left, my money would be on Mulcair.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

The media couldn't have helped Trump more if he paid us

We knew we were doing it. We just couldn't help ourselves.

And if Trump makes it to the White House, many will blame the media, in part, for his victory.

Who could argue with them? The coverage has been overwhelming. From the start, we were hooked on Trump like a bad habit. He was the headline we couldn't run enough.

Sure, readers devoured the jokes and think pieces. But if he wins, we're going to have to lie in the bed we helped make. And it's going to be prickly as hell.

We're all going to get the Megyn Kelly treatment, and already are. During last night's primary victory speech, amid jeers from the crowd, Trump accused the media of "lies, deceit, viciousness, disgusting reporters, horrible people." Not only will Trump call us names, restrict our access, and generally infringe on our ability to do our job — but his supporters will love him for it.

And we're going to feel a lot like Republican leaders: sheepish that we didn't see it coming, this toppling from our pedestal, this hollowing-out of respect. Because the media, in the eyes of Trump-lovers, Sanders-lovers, and many others, are the establishment. And we should burn right along with it.

How ironically well we've aided that message. While the New York Times has been accused of being the mouthpiece for Hillary Clinton's campaign, and Fox News for Marco Rubio's, every American media outlet and many international ones have combined to become Trump's megaphone. We couldn't have done any better if he paid us. When the Times measured Trump's paid advertising versus free media coverage this week, his lead was gargantuan: nearly $1.9 billion worth of free media. Clinton was second, with less than half that. The best of the others had less than a quarter.

Yes, I'm adding to the total. But then again, Trump can't be ignored. And if Canadians think we're immune from the forces propelling his candidacy, we should think again. Many mainstream media skeptics reside north of the border. We, too, have income inequality and racism. We, too, are witnessing dramatic social and economic change. And we have our own corporate reality-TV star (Kevin O'Leary) waiting in the wings to pet egos and dull intellect.

No, we're not the U.S. But populism is also rising in Europe. Why not here? A popular meme calls Trump "what would happen if the comments section became a human and ran for president."

Read the comments sections on Canadian sites, and tell me that joke doesn't land.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout
MANAGING EDITOR WINNIPEG
Elisha Dacey
ADVERTISER INQUIRIES
adinfowinnipeg@metronews.ca
General phone 204-943-9300
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

See what Manitoba's New Home Builders have done now at the SPRING 2016 **Parade of Homes**

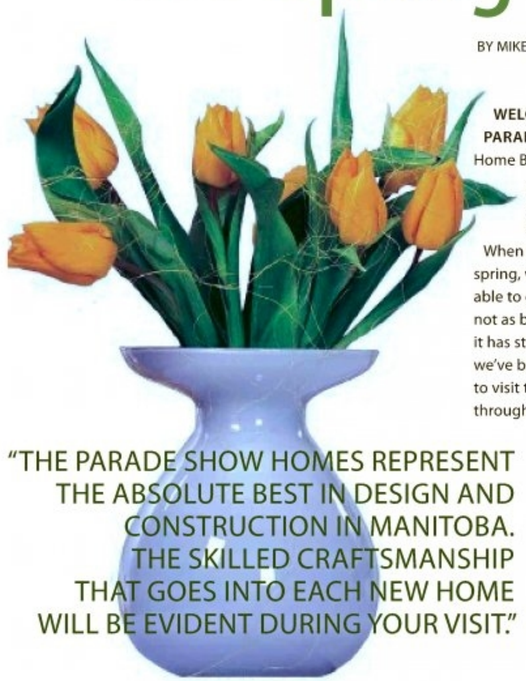
From the easy living of a condo to the luxury of a 2-storey, from country spaces to urban convenience, there's something for everyone at the Spring Parade of Homes… *Come and find YOUR dream home this spring.*

MARCH **5-26** 2016

PRESENTED BY Manitoba Home Builders' Association

Spring Parade Showcase

BY MIKE MOORE, PRESIDENT, MANITOBA HOME BUILDERS' ASSOCIATION



"THE PARADE SHOW HOMES REPRESENT THE ABSOLUTE BEST IN DESIGN AND CONSTRUCTION IN MANITOBA. THE SKILLED CRAFTSMANSHIP THAT GOES INTO EACH NEW HOME WILL BE EVIDENT DURING YOUR VISIT."

WELCOME TO THE 2016 SPRING PARADE OF HOMES. The Manitoba Home Builders' Association is pleased to present our annual showcase of new homes, the largest and best Parade of Homes in all Canada.

When we think of March, we think of spring, warmer weather and finally being able to get outside to walk. Although not as bad as some in recent memory, it has still been another cold winter and we've been waiting for the opportunity to visit the various new neighbourhoods throughout our city and province as they come to life with these fabulous new homes. We are proud and delighted to showcase 32 different builders who will be presenting 123 homes in 30 unique and different neighbourhoods. The Parade show homes represent the absolute best in design and construction in Manitoba.

The skilled craftsmanship that goes into each new home will be evident during your visit. We take great pride in the statement that Manitoba new homes are the best built homes in the country.

Once again this year, we are pleased to be able to present an interesting and entertaining feature to the Spring Parade of Homes. In each Parade magazine, you will find a Passport Passport. Simply cut out the Passport, visit homes built by 10 different builders any week from Monday through Thursday, get them to stamp your Passport and enter for a chance to win a seven-day Norwegian Getaway Cruise for two adults that includes a $50 US onboard credit.

MHBA builder members appreciate the importance of your decision to purchase a new home. That is why they encourage Parade visitors to look carefully at each detail, talk to the sales agents and return for additional visits. After all, show homes are open after the Parade, too.

Our builders want to ensure that you are matched with the home that is perfect for your life situation and family for years to come. We believe that this year's selection of new homes offers the right design and the right location for everyone. Be sure to visit as many homes as possible to take full advantage of the Parade. The more homes you visit, the more new and exciting ideas you will get.

Manitoba's new home construction industry is strong and vibrant. MHBA member builders and suppliers keep abreast of the latest technology, trends and techniques to ensure that your new home offers affordability, quality and choice. With continued low mortgage rates, there has never been a better time to purchase a new home.

Thank you for visiting the 2016 Spring Parade of Homes.

Mike Moore, President
Manitoba Home Builders' Association

VISIT US MARCH **5-26** *in* THESE **GREAT NEIGHBOURHOODS**

Parade of Homes

- *Amber Trails*
- *Atwood Square*
- *Brandon – Southridge*
- *Bridgwater Centre*
- *Bridgwater Forest*
- *Bridgwater Lakes*
- *Bridgwater Trails*
- *Castlebury Meadows*
- *Crocus Meadows*
- *Devonshire Village*
- *East St. Paul – Countryside Crossing*
- *Headingley – Deer Pointe Park*
- *LaSalle – Prairieview Lakes*
- *Lorette*
- *Niverville*
- *Oakbank*
- *Oak Bluff West*
- *Osborne Village*
- *Pritchard Farm – Southlands Village*
- *River Park South*
- *Sage Creek*
- *South Pointe*
- *Ste Agathe*
- *St. Norbert – Allure Condominimums*
- *Stonewall – Stone Ridge Meadows*
- *The Oaks – Country Estates*
- *The Woods at Creek Bend*
- *Transcona*
- *Tuxedo*
- *Waterford Green*

SHOWHOMES ARE OPEN:
MONDAY TO THURSDAY 5-8 P.M.
FRIDAY BY APPOINTMENT ONLY
SATURDAY & SUNDAY 12 NOON-5 P.M.

VISIT the SPRING 2016 **Parade of Homes**

WATCH FOR **THIS**

INSIDE **THIS**

FIND YOUR dream home

PICK YOUR winners

ENTER TO win a river cruise

MARCH 5-26

PRESENTED BY Manitoba Home Builders' Association

Remember, show homes are open year-round – Check the MHBA website at **www.homebuilders.mb.ca** for show home locations.

clip out your passport
visit 10 showhomes
collect builders stamps &

enter for a chance to **WIN** a 7-day Norwegian Getaway Cruise for two!

Paris & Normandy
7-night cruise roundtrip from Paris
Seine River, France

Provence & Spain
7-night cruise from Lyon to Arles (or reverse)
Rhone River, France

Taste of Bordeaux
7-night cruise roundtrip from Bordeaux
Garonne & Dordogne Rivers, France

AND BE THE JUDGE

Help choose the winning show home entries in the Spring Parade of Homes — and you could be a winner too.

Text the word Parade to a number you'll find on special posters located inside each show home and you could win a seven-night AmaWaterways luxury river cruise through France sponsored by the Winnipeg Free Press.

The number will take you to the Parade of Homes ratings website, where you'll be asked to rate the show home on a scale of 1 - 5 in five categories:

- Value for Price
- Interior Visual Appeal
- Functionality
- Master Bedroom (bedroom, ensuite and closet)
- Kitchen

Each time you rate a new home, your name will be entered in the contest. Good luck, and enjoy the Parade!

SPRING 2016
Parade of Homes
MARCH 5-26 2016
PRESENTED BY
Manitoba Home Builders' Association

metro LIFE
Your essential daily news
Thursday, March 17, 2016

1 in 5 young children given cold remedies despite warning against their use: study

Memoir out of Antarctica

TORSTEN BLACKWOOD/AFP/GETTY IMAGES

Author Jean McNeil adds a memoir, Ice Diaries, to her novel and poetry collection based on her experience of living as a writer-in-residence in Antarctica. CONTRIBUTED

WRITER-IN-RESIDENCE

Author reveals reality of life of isolation on ice continent

Sue Carter
For Metro Canada

The closest most of us will ever get to Antarctica is watching nature documentaries or animated films starring dancing penguins. For those willing to hand over the cash, there are cruises that offer "drive-by" views of its icebergs and seal colonies, but few have actually set foot on the world's coldest, southern-most continent, let alone live there for any amount of time.

"When you go to the Antarctic you're initiated into a select society," says author Jean McNeil. "It's a little bit like being part of the NASA team; it's like you're off the planet. The rest of the world peels away while you're there."

For four months in 2005, the Nova Scotia–born author became part of that select society as a writer-in-residence with the British Antarctic Survey, working and living alongside a team of scientists. McNeil, who previously wrote a novel and poetry collection inspired by Antarctica, never intended to write a memoir about the experience, but her new book, Ice Diaries, is a welcome literary-minded addition to a category of books dominated by male explorers.

Published by ECW Press, Ice Diaries blends McNeil's journal entries with ruminations on the harsh environment and climate change, woven with a side storyline about her rough upbringing in Eastern Canada that she recounts as being filled with its own dangers and hardship. McNeil, who now lives in London and teaches creative writing at the University of East Anglia, often had to justify her presence as a novelist to the team of geologists and oceanographers. "It's hard to not to feel very useless in an environment where so many people are so capable," she says. "Everyone else there could look at each other and know what they were doing; they knew so-and-so was there to put up meteorological balloons. But with me, I had a lot of explaining to do."

It's like you're off the planet. The rest of the world peels away while you're there.
Jean McNeil on her time in Antarctica

As an active member of the team, McNeil expanded her scientific knowledge, developing a particular interest in glaciology. She also learned about her own limits while battling an intense sense of entrapment and paranoia, brought on not just from being geographically isolated, but from living and working in close quarters with a tightknit group of people.

"I felt very claustrophobic and confined," she says. "When you have those powerful emotional swings in one's normal life there are ways you can mitigate that. You can go for a walk in the park or see your friends or family, or go have a coffee at a Starbucks or wherever. Symbolically here, there's no escape from your emotions. I think a lot of people make a mistake in thinking that when you go to place like that, it's all about the landscape and the natural wildlife, but what it really is about is other people."

McNeil, who says she wrote the book partly on behalf of the Antarctic, knew she would have to dispel the romance of the place and be honest about the challenges she faced. "People are expected to come back and deliver 'it was the most wonderful time of my life' narrative. The writer, of course, is that person who deals in much more grey areas," she says. "The Antarctic is a very good way to get to know yourself."

Sue Carter is the editor at Quill & Quire magazine.

JOHANNA SCHNELLER
WHAT I'M WATCHING

HoC's maternal manipulation

In the cynical world of House of Cards, Claire Underwood (Robin Wright, bottom) may stand to benefit from the sympathy vote if her mother, Elizabeth (Ellen Burstyn, top), passes away before the election. CONTRIBUTED

THE SHOW: House of Cards, Season 4, Episode 10 (Netflix)
THE MOMENT: The Deathbed

Claire Underwood (Robin Wright), who's running for U.S. vice-president, is talking to her mother Elizabeth (Ellen Burstyn), who wants Claire to hasten her imminent death.

"When you were small, you would sit at that window every night, trying to make the sun rise all by yourself," Elizabeth says. "Your daddy would put you in bed after you'd fallen asleep with your face against the glass. I was so jealous."

"Of me and daddy?" Claire asks.

"That you believed you could make the sun rise," Elizabeth answers.

"I can't do it, Mother," Claire says. "I can't do what you want me to do."

"Claire," Elizabeth says flatly. "It would help you win."

I was relieved when this scene came along, because I was losing patience with this season, and this show. It's at once too cynical (there is not one decent soul in all of government) and too silly (a husband and wife running for president and VP? Come on).

House of Cards' strength, however, is scenes like the one above: the dramatization of how easily people are manipulated, even (or especially) if the end result is not in their best interests.

Its writers couldn't have anticipated the absurdist reality show that is Donald Trump. But both point up the risk of democracy. A vote is a vote, no matter how under-educated, narrow-minded or loopily sentimental the voter. As threatening as Frank Underwood (Kevin Spacey) tries to be, there is nothing more dangerous than a citizen with his/her hand on the wrong lever.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

OUTERWEAR OR STATEMENT WEAR

Ditch your down fill: Montreal designer craves return to coats for every occasion

Marisa Minicucci believes it's time for coats to be the focal point of the wardrobe.

"It's the piece that every woman should really think (about) and re-evaluate, and make it the statement piece," said the veteran Montreal-based designer, with more than three decades of industry experience.

"The puffer (coat) is great and there's beautiful ones out there, but now it's time to return to a coat for every occasion."

Minicucci is the lead designer of new outerwear label Sosken Studios, which showed at Toronto Fashion Week on Tuesday. Sosken is the Norwegian word for "sister."

With a glowing neon sign bearing the label's name at the entry to the runway, and miniature lights lining the walkway, Sosken unveiled a vast range of outerwear offerings each etched with distinctive details.

Coats were adorned with everything from epaulettes to houndstooth sleeves, with a rich assortment of colours and patterns for all tastes, including creamy neutrals and more richly-hued shades.

THE CANADIAN PRESS

CELEBRATING 15 YEARS
WPG COMEDY FESTIVAL
APRIL 3-10, 2016
PRESENTED BY MANITOBA LIQUOR & LOTTERIES
THURSDAY, APRIL 7
Manitoba Liquor & Lotteries Gala:
Born This Way
The Pantages Playhouse | 7:15pm | Tickets: $37
HOSTED BY: Brent Butt
CAST: Phil Hanley, Jess Salomon, Nick Reynoldson, Kyle Bottom, Lara Rae, Andy Kindler
FRIDAY, APRIL 8
Manitoba Liquor & Lotteries Gala:
Customs & Integration
The Pantages Playhouse | 6:45 pm | Tickets: $37
HOSTED BY: Craig Lauzon
CAST: Dan Taylor, Vishal Ramesh, Dave Merheje, Nour Hadidi, Martha Chaves, Mark Heath
Manitoba Liquor & Lotteries Gala:
Truth Bomb
The Pantages Playhouse | 9:15 pm | Tickets: $37
HOSTED BY: Mary Walsh
CAST: Danish Anwar, DeAnne Smith, Peter White, Adrienne Fish, Pete Johansson, Simon King
GALAS
SATURDAY, APRIL 9
Manitoba Liquor & Lotteries Gala:
The 15th Anniversary Show
The Pantages Playhouse | 6:45 pm | Tickets: $37
HOSTED BY: Seán Cullen
CAST: Erica Sigurdson, Elvira Kurt, Nikki Payne, Darryl Lenox, Graham Clark, John Wing
Manitoba Liquor & Lotteries Gala:
All Geek to Me
The Pantages Playhouse | 9:15 pm | Tickets: $37
HOSTED BY: Naomi Snieckus
CAST: Mayce Galomi, Jeremy Woodcock, Cheryl Hann, Lori Gibbs, K. Trevor Wilson, Greg Morton
Tickets for all galas available at winnipegcomedyfestival.com
or Gas Station Arts Centre 445 River Avenue Thurs-Sat | 10am-6pm
metro
VISUAL LIZARD
Manitoba
Canadian Heritage
Patrimoine canadien

Finding humour in her depression

REVIEW

How Melissa Broder turned Twitter feed into book deal

so sad today @sosadtoday · Mar 10
my longest relationship is my bad relationship with food
so sad today @sosadtoday · 22h
what you call a nervous breakdown i call oops, accidentally saw things as they are

"I've been awake 7 minutes and it's already too much," reads a tweet from @SoSadToday.

Melissa Broder started the anonymous Twitter account while working in publicity at Penguin Random House as a place to exercise dark humour and attempt to empty out her anxious thoughts.

As her followers grew into the hundreds of thousands, including celebrity names such as Katy Perry, it snowballed into a column for VICE.

At VICE, Broder still wrote anonymously, experimenting with essays, advice and interviews with porn professionals. Broder, a published poet in her early 30s, kept her name off her work until last year when she secured a book deal based on the concept.

So Sad Today is an extension of Broder's Twitter account, with 18 personal essays touching religion, addiction, extramarital affairs, counting calories and Botox.

The book is intimate, unfiltered and painfully honest — for instance, there's an entire chapter on her vomit fetish. Broder told Rolling Stone she dictated most of the book to Siri while driving around Los Angeles, which explains why it reads like a stream of consciousness rather than something carefully and deliberately constructed.

The advantage of this form is it gives reader a raw portrayal of how Broder experiences depression and anxiety — how she manages suicidal thoughts, found the right mix of medication and her reasons behind meditation.

The ocean gives me performance anxiety about being at peace

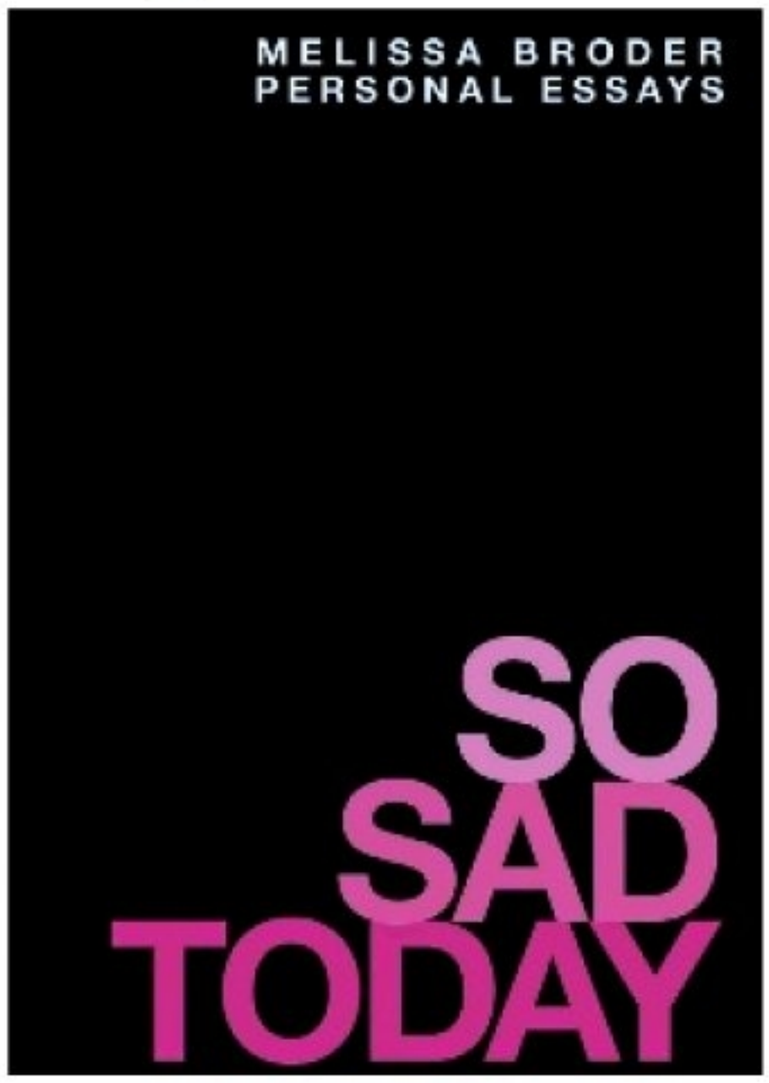
Melissa Broder

She communicates what a big part of her life her illness is while remaining able to see humour in it. "The ocean gives me performance anxiety about being at peace," she writes.

Although she writes that she's constantly fretting about what people think about her, Broder is still open (and funny) when addressing her shortcomings — ranging from her struggles with addiction to romance: "I've been romantically obsessed with so many people that I've kind of become a getting-over-the-fantasy-of-people athlete."

But this immersion into Broder's thoughts can also feel like an unedited Internet diary, one that many may roll their eyes at as a quintessentially millennial form — self-absorbed, devoting a chapter to a sexting exchange.

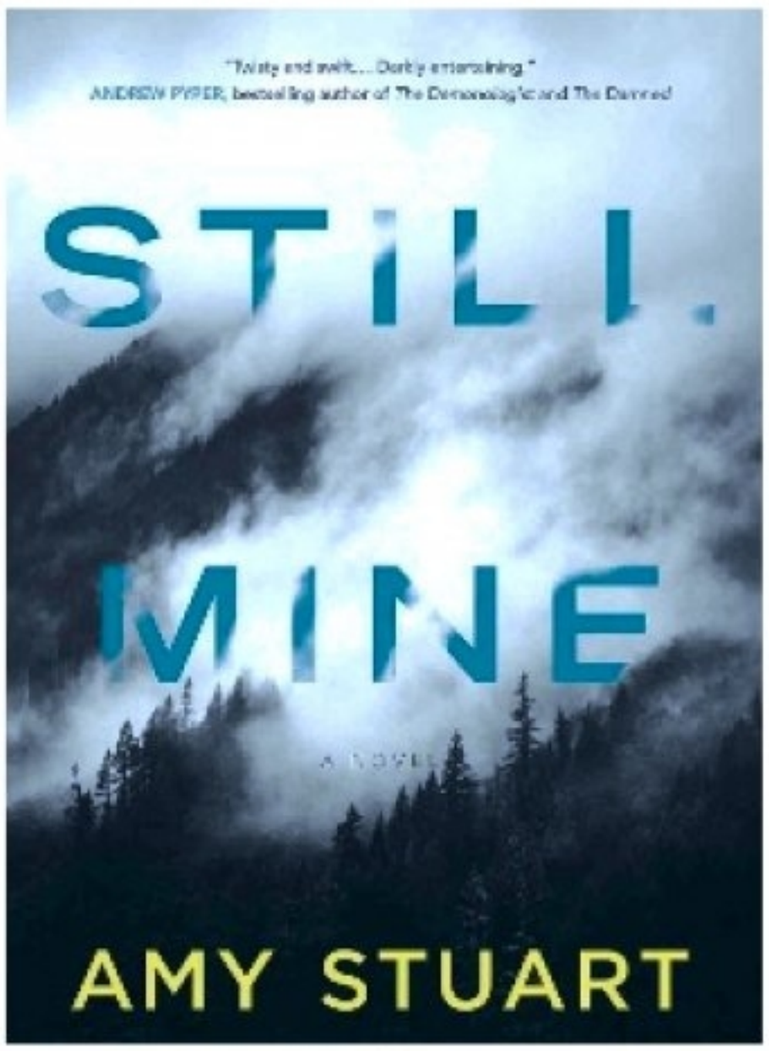
If you're looking for a deep, thoughtful memoir addressing mental illness, this may not be the book for you. If you're looking for a window into one woman's experience with this illness in an age where someone is always watching, it's worth a try. TORSTAR NEWS SERVICE



Lindt
HAPPY EASTER
EASTER EXTRAVAGANZA!
Friday March 18
35% OFF* All Easter Items! (All Day)
50% OFF* Gold Bunny 1kg (5pm - 10pm)
Plus other great deals in store!
Hours vary by location
Winnipeg 1570 Kenaston Boulevard
*Discount applied to regularly priced merchandise only. Offer valid while supplies last. Product selection may vary by store. See in store for additional details. Some exceptions apply. Cannot be combined with any other offer or promotion. Excludes gift cards, Maitre Creations & Drinks, and Couverture.

Publishers are willing to spring for next big thing

These days, the literary world looks a lot like the housing market. Publishers are doubling down on debut novelists as they hunt for the Next Big Book. This means bidding wars, auctions and astronomical advances. This way of doing business comes at a cost: novels without commercial appeal but with considerable literary merit are being ignored and left unpublished — but it also means the book market is more fascinating. Here are some of the books publishers believe in this spring, all from first-time fiction authors. TORSTAR NEWS SERVICE



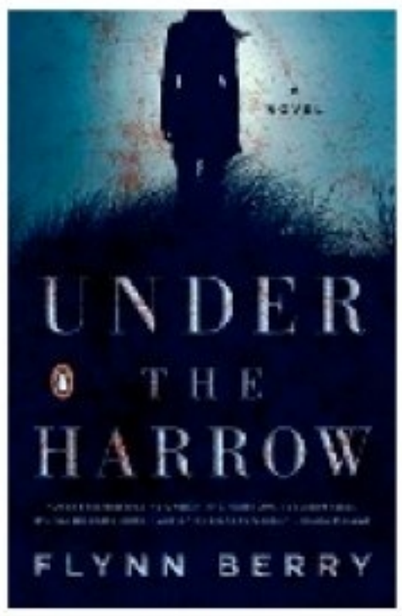
Still Mine

By: Amy Stuart

Six and seven-figure book deals are uncommon in Canada, but there's a success story in the works here that is seeing an author's career build in a different, and likely more sustainable, way: Torontonian Amy Stuart's debut novel Still Mine (March 1) was pitched as Top of the Lake meets The Silent Wife — and was snapped up by Simon & Schuster Canada in a two-book deal. It was recently chosen as a Costco Buyer's Pick, selected for Chatelaine's Book Club and named one of the official best books of March by Amazon.ca. All this has translated into interest from U.S. publishers, although a deal hasn't been announced yet.

Under the Harrow

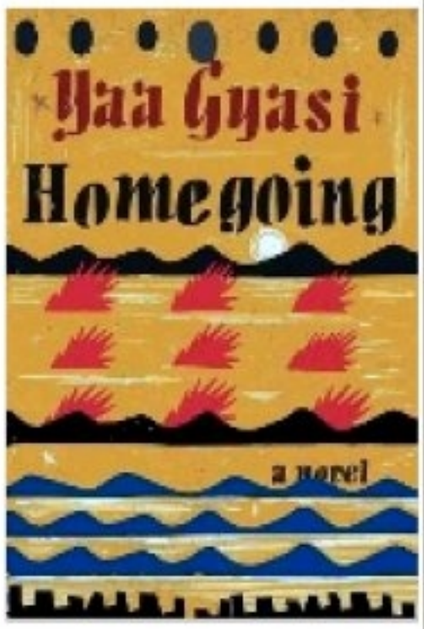
By: Flynn Berry



World rights for Flynn Berry's suspenseful — but with an upmarket literary bent — Under the Harrow (June 14) ended up with Penguin, after an auction that saw many other publishers attempting to get in on the action. Audio rights were also sold in a heated auction between three audio publishers, and this is unusual for a debut novel. The novel is set in a small English town and tells the story of a pair of sisters, one of whom is found brutally murdered, and how their past may have informed their tragic future.

Homegoing

By: Yaa Gyasi



The talk of this year's London Book Fair was a novel called Homegoing (June 7) by young American/Ghanian writer Yaa Gyasi. This novel — it follows two half-sisters in 18th century Ghana, who are born in different villages and lead vastly different lives — is rumoured to have garnered seven figures when it was sold to Knopf after a ten-publisher bidding war. Knopf is banking on it being the next Goldfinch or A Little Life, and there's a great deal riding on that hope — including a young author's career. The reality of such vast advances can be dire, leaving authors with poor sales records and dim prospects if they don't over-achieve.

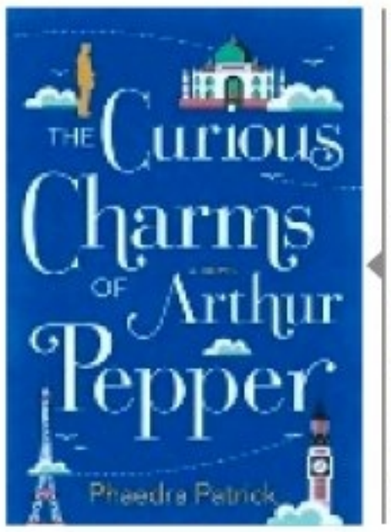
Maestra

By: LS Hilton

Perhaps the best news out of the literary world is the search for the new EL James might be over. U.K. author LS Hilton is the alter ego of respected historian Lisa Hilton. An early draft of her sexual thriller Maestra (April 19) was met in Hollywood with a flurry of excitement — and a seven-figure deal for a movie script that is now in development. A three-book, 36-country publishing deal with Putnam was also arranged.

The Curious Charms of Arthur Pepper

By: Phaedra Patrick



Phaedra Patrick's The Curious Charms of Arthur Pepper (May 3) was bought by Mira Books in a two-book six-figure "pre-empt" — meaning the publisher made its best offer before any other publishers had the chance. The book is about a 69-year-old man who discovers a mysterious charm bracelet of his recently deceased wife and finds himself on a journey of healing.

Sears
GARDEN CITY OUTLET
ST. PATRICK'S DAY
SALE

Kenmore Elite Gas Stove
Reg. $2699.99
now $1499.95
22-33903

Freeport Sun Lounger
Reg. $899.99
now $359.99
50-20408

Floor Model Mattress Clearance
up to 75% off
original ticketed prices

Left Hand Faux Leather Sectional
with storage
Reg. $1299.99
now $299.00

Sealy or Pacific Coast Sheet Sets
(twin size only)
$14.99

Samsung Dryer
Reg. $999.99
now $599.99

1.7 cf. Viking OTR White
Reg. $349.99
now $169.94

Kenmore Black Fridge
Reg. $1399.99
now $599.99

50% off Ladies Jockey Jeans

60% off Whole Home Hotel Coverlets

Sears Garden City Outlet
Corner of Leila & McPhillips

Items may not be exactly as shown. Personal shopping only. No rain checks. Savings offers do not include Parts & Service or Sundry Merchandise. Items with $#195XXX & Sears Value Programs with prices ending in .97. All merchandize sold "as is" and all sales final. No exchanges, returns or adjustments on previously purchased merchandise; savings offers cannot be combined. No dealers; we reserve the right to limit quantities. Prices do not include home delivery. Although we strive for accuracy, unintentional errors may occur. We reserve the right to correct any error. "Reg", "was" and "Sears" selling price refer to the Sears Catalogue or Retail store price current at time of merchandise receipt. Offers valid at Sears Garden City Outlet Store © Sears Canada Inc. All rights reserved.

metro HOME
Your essential daily news

Screen designed by Kimu showcased at Maison & Objet Asia

MEET THE CONDO

The bright condos in Starlite Village

UNISON

CONTRIBUTED

Project overview

At one point, living in Transcona meant being far away from everything. That's all changed. New housing opportunities have driven development along Regent Avenue and more recently, on Lagimodiere Boulevard north of Regent Avenue. This provides an opportunity for excellent options at rock-bottom prices while the community grows.

Housing amenities

Owners have the option of working with interior designers to choose a colour scheme and finishes. Nine-foot ceilings provide lots of natural light in each of the nine floor plans. The appliance package includes a stacked washer and dryer. Engineered wood floors are a bonus for keeping sound to a minimum. Each unit also includes a covered balcony.

Location and transit

Located in western Transcona, Unison is part of the new Starlite Village development just off the northeast corner of Lagimodiere Boulevard and Regent Avenue. It's a quick transit ride directly downtown on Regent Avenue. Lagimodiere Boulevard offers easy access to either the north or south ends of the city regardless of the mode of transportation.

In the neighbourhood

Starlite Village is just one of the new developments in Transcona. Inside the community are pathways and cycling routes along with small parks and ponds. Nearby amenities include Kildonan Place shopping mall, Club Regent Casino, CanadInns plus many restaurants and smaller shops. Grocery stores, banking and services are plentiful.

SHEL ZOLKEWICH/FOR METRO

NEED TO KNOW

What: Unison
Builder: Porchlight Developments
Designer: Porchlight Developments
Location: Starlite Village
Building: Four storeys
Sizes: 615 square feet to 1,058 sq. ft.
Pricing: Starting at $164,900
Model: One, two, and three bedroom units
Status: Pre-construction
Sales Centre: Opening March 19 at El Tassi Drive and Fiorentino Street
Phone: 204 558-5699;
Website: unisonwinnipeg.com

SAFETY

Tips to keep feathered pals from hitting glass panes

With a house close to the Eastern Pennsylvania woods — and the wildlife that lives there — Jeff Acopian wrestled with a problem that afflicts homeowners around the world.

"Birds were hitting our windows and dying," the Easton resident says. "And we didn't like it." An engineer by profession and a naturalist at heart, Acopian came up with a solution: Acopian BirdSavers, a fixture that involves dangling pieces of parachute cord in front of windows to keep birds from flying into them.

"It sounds pretty bad when you tell someone to hang strings on their front window," says Acopian, who nixed his original remedy, hanging strings of beads, because it made his house look like "a hippie pad."

"But when people actually see it, it is not objectionable at all," he says.

BirdSavers (at birdsavers.com) is one of a growing number of options available for folks who want to keep birds from crashing into their windows but don't want to hurt their home's curb appeal in the process.

Christine Sheppard, who runs the bird collisions campaign for the American Bird Conservancy, cites a range of relatively simple ready-made products — BirdSavers, window tape and external screens among them — as well as DIY fixes like washable window paint or hanging branches in front of windows.

These solutions are effective enough while also being subtle.

"You can reduce collisions without making your house ridiculous," Sheppard says.

While bird collisions are hardly new, she says, the magnitude of the problem is increasing, largely due to more widespread urbanization and a trend toward larger panes of glass in both residential and high-rise construction.

Birds are either fooled by the transparency of the glass, or believe the reflections they see in them — trees, shrubs and the like — are real, and die trying to reach them, she says.

THE ASSOCIATED PRESS

A window fixture uses parachute cord to deter birds from flying into the trees and bushes they see reflected in the glass. ACOPIAN BIRDSAVERS/THE ASSOCIATED PRESS

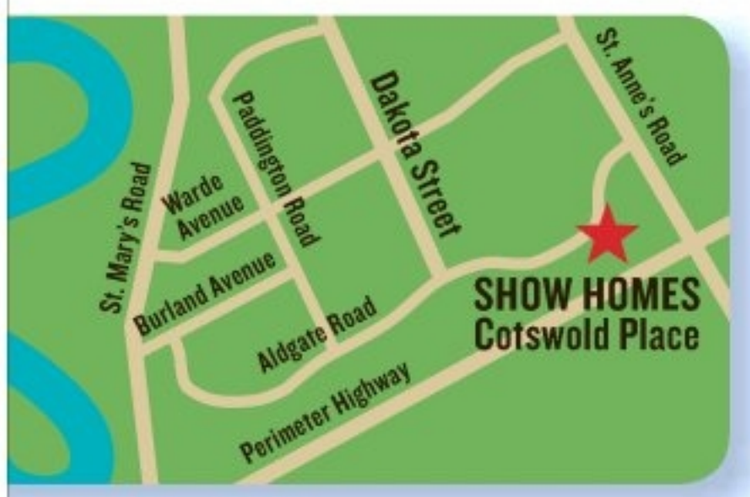
A GREAT PLACE to LIVE

Forty years and more than 8,000 homes later, River Park South has only improved with age.

Boasting exceptional schools (both English and French), a village shopping centre, the Dakota Community Centre and over 150 acres of beautiful parks and playgrounds, River Park South has earned its reputation as the ultimate family neighbourhood.

TIME IS RUNNING OUT IN RIVER PARK SOUTH

Construction has commenced on the final stage of River Park South. Time is running out to build a new home in this fantastic St.Vital community.



QUALICO® communities

VISIT OUR SHOW HOMES

To see the latest in home design, visit our show homes on Cotswold Place, off Aldgate Road and Wainwright Crescent.

PARADE OF HOMES SHOW HOME HOURS

MONDAY to THURSDAY: 3:00 – 8:00 pm
FRIDAY: by appointment only
SATURDAY & SUNDAY: 12:00 – 6:00 pm

RIVER PARK SOUTH

riverparksouth.com

Super kitchens bring it all together

TRENDS

New era kitchen includes work and relax space

American kitchens have always served as more than cooking and eating spaces. Generations of kids have done homework at kitchen tables. Parents claim counter space to organize family miscellany, tap out work emails on laptops or install a television.

But now those work and entertainment uses are part of kitchen design from the get-go.

The era of the "super kitchen" has arrived.

"Our findings show that homeowners expect kitchen renovations to go far beyond improving flow, storage or esthetics," said Nino Sitchinava, principal economist at Houzz.com, in announcing the site's 2016 Kitchen Trends Survey.

"The 'super kitchen' has literally become a living room, family room and office, with finishes, layouts and decor that challenge us to define where the kitchen ends and the rest of the home begins."

Interior designer Mikel Welch calls the kitchen "the new epicenter of the house."

"Everybody's working from home," and they often prefer doing that in an open kitchen rather than a sequestered home office.

A built-in desk is designed to match the rest of the kitchen. HOME DEPOT/THE ASSOCIATED PRESS

WORKIN' IT Many kitchens now have desks or computer workstations. Non-kitchen items are stored in "built-ins that match the rest of the kitchen."

Features of a true "super kitchen"

• **High-tech stations** Designer Tiffany Brooks, host of HGTV's Most Embarrassing Rooms in America, says homeowners want technology within easy reach, but protected from food and drink spills. Some add a built-in iPad docking area or laptop station on a counter, while others choose the less expensive option of adding a tablet dock mounted under a cabinet, with an arm that swings out.

People also want power. Pop-up outlets are being installed directly into countertops, says Sarah Fishburne, director of trend and design for the Home Depot. Wireless "charging countertops" are also available, including LG's Tech Top and Dupont Corian. And homeowners are adding extra power outlets throughout the kitchen, and designing dedicated charging areas with power strips.

Another tech choice: Dishwashers that run almost silently, so they won't distract you while you're working in the kitchen. And full-size televisions are being added to the main cooking area so you can do your binge-watching in the same place where you try to avoid binge-eating..

Occasionally, new kitchen technology does involve food: "Warming drawers are huge," Brooks says.

And some people, Welch says, "want to essentially bring Starbucks to them." Restaurant-quality drink facilities are being added to home kitchens.

• **More surfaces, more seating, more storage** "An emerging trend is two islands being incorporated into a kitchen, if there is space," says Fishburne.

Several of Welch's design clients have requested oversize countertops that "allow six to eight people to comfortably sit with barstools," he says.

Lounging-friendly seating is a priority. If a kitchen doesn't have space for a sectional sofa or other large seating, some homeowners are knocking down walls to merge the kitchen with other rooms.

Kitchen storage, too, is becoming more stylish and more organized. Closet-design systems originally conceived for bedroom closets are now being used to organize kitchen cabinets and pantries, Brooks says.

And rather than cramming work papers or family files into a cabinet designed for dishes, designers are building office and crafts storage into the kitchen.

THE ASSOCIATED PRESS

TRENDS

Pizza ovens: Hot in the house, but don't come cheap

Pizza Hut is fine when you feel like going out. But with pizza ovens designed for the kitchen or backyard, you can have that restaurant taste at home.

This spring, one of the most recognizable names in home appliances will go after a piece of that pie when GE Monogram starts selling a $10,000 electric, residential wall model designed to fit into the space of a standard 30-inch wall oven.

"We saw a considerable market gap when it came to the available at-home options for pizza enthusiasts and home chefs," said Wayne Davis, commercial leader at FirstBuild, a subsidiary of GE Appliances.

GE fired up its oven and cooked pizza in the middle of the Las Vegas Convention Center at this year's recent Kitchen and Bath Industry Show.

There's also a propane-powered, outdoor, countertop Napoli Pizza Oven from Lynx Grills.

Like others, the Napoli has a stainless exterior, a pizza stone, and a stone-like interior designed to reflect heat like a brick oven. It requires about 30 minutes or so to heat to an internal temperature of 700 degrees or more.

After that, a Neapolitan-style pizza should cook in a matter of minutes, but the ovens also can be adjusted to cook other styles of pizza and calzone.

In addition to the $4,000 countertop model, the Napoli also comes paired with a freestanding cart at $6,500 for the set. Another company, Kalamazoo Outdoor Gourmet, has a $6,900 outdoor countertop model called the Artisan Fire Pizza Oven that can be packed up for a tail-gate party.

"It comes in three layers. Each layer can be easily unstacked and moved by one person," said company spokesman Bradley Carlson.

"It's not only about the grill anymore," he said.

Above: The Artisan Fire Pizza Oven by Kalamazoo Outdoor Gourmet reaches 800 F and can cook a Neapolitan-style pizza in fewer than three minutes. Inset: The Lynx Grills Napoli Pizza Oven can make pizza, calzone, pot roast, bread and fajitas THE ASSOCIATED PRESS

"People are becoming more sophisticated in terms of what they're cooking outdoors."

Last year, the company unveiled a version of the Artisan Fire Pizza Oven that can be built into brick, stone or concrete for a clean look in an outdoor kitchen. It costs $8,300, plus installation.

At the kitchen show, Kalamazoo debuted an $11,000 "rolling pizza station" that holds the Artisan Fire oven and features built-in bins for storing toppings.

Kalamazoo's Artisan Fire differs in both form and function from the Lynx Napoli, so consumers should do their homework and investigate the scores of pizza-oven options available today from specialty shops and hardware stores.

Will homeowners really spend thousands of dollars on pizza ovens?

Hard to predict. On any given day, 13 per cent of the U.S. population age 2 and older eats pizza, according to the U.S. Department of Agriculture.

And the number of people making pizza at home using store-bought dough accounted for nearly 10 per cent of pizza sales in 2015, up from 3 per cent in 2013, according to Consumer Reports.

While most of that was likely not baked in a fancy pizza oven, the good news for homeowners is that should they tire of pizza, the manufacturers say the outdoor ovens can also be used for roasting foods, baking breads or making fajitas.

THE ASSOCIATED PRESS

metro SPORTS

Canada's Milos Raonic advanced to the quarter-finals of the BNP Paribas Open with a 6-4, 7-6 win over Tomas Berdych

Oh captain, my captain ... Jets await their new leader

VIEW FROM THE 300S

Andrew 'Hustler' Paterson

Friday night, former Jets captain Andrew Ladd returns to the MTS Centre with his new team, the defending champion Chicago Blackhawks. While Ladd and the Hawks are set to make a run at another Stanley Cup this spring, the Jets are in next-year mode, playing out the stretch with a number of call-ups and young players.

Now that Ladd is riding shotgun with Jonathan Toews on the top line in the Windy City and Marko Dano is settling in to Winnipeg, there is one lingering question still to be answered in the aftermath of the Jets-Hawks trade. Who will replace Andrew Ladd as captain of the Winnipeg Jets?

Count me among many that assumed this would be a quick and easy decision for the club. In many ways Blake Wheeler has played like a captain, leading by example on the ice and being a strong voice in the media, consistently available in victory and defeat. If Wheeler is to be named captain, it won't be for a while.

The lack of an announcement on a successor to Ladd and the suggestion that the team will wait until next season to name a captain shows that there is much more to the decision than most fans assume. On-ice performance and locker room leadership & influence are at the top of the list. The new captain will also be a face of the franchise for the foreseeable future and will be expected to carry a bigger load with the media, as well as being a conduit between the players, coaching staff and management.

The candidates to wear the 'C' from left to right, **Dustin Byfuglien, Mark Scheifele and Blake Wheeler.** CHRISTIAN PETERSEN/GETTY IMAGES

So who will get the honour of wearing the C on his chest? It comes down to three candidates.

Blake Wheeler — Wheeler has been the Jets' best player on the ice and has developed into one of the top players in the NHL. He has also shown to be willing to face the music and speak to both the fans and his teammates through the media when needed.

At 29 years old and signed for three more seasons in Winnipeg, the former Olympian has come into his own and seems ready for the responsibility of captain. Already wearing an "A", Wheeler seems to be the most likely choice to succeed Ladd.

Dustin Byfuglien — After committing to the Jets for five more seasons, Byfuglien should certainly get consideration. The undisputed alpha dog in the dressing room is beloved by his teammates and has developed into a reliable impact player after some rocky times earlier in his in Winnipeg service.

That said, no one is sure Byfuglien would even want to be captain, as the job entails much more media time and off-ice responsibility than may be to his liking.

Mark Scheifele — Scheifele's breakout play this year and the potential of a lengthy contract extension with the Jets this offseason has pushed his name in to the conversation.

A tireless worker who seems to get better each season, he is the first ever draft pick by the Jets and would be a perfect long term face of the franchise. Much younger than Wheeler and Byfuglien, Scheifele as captain would also seem to fit nicely in the room between the Jets' veterans and the continuing influx of younger players. I'm not sure it makes sense to make Scheifele captain so early in his career but he has certainly earned the consideration.

HOCKEY

Calgary Flames unite the brothers Hamilton

Four years after wearing the red Maple Leaf together at the Saddledome, the brothers Hamilton have been reunited by the flaming 'C'. The Calgary Flames called up Dougie Hamilton's older brother, Freddie, on Wednesday from their American Hockey League affiliate in Stockton, Calif.

The siblings were on the ice for a morning skate at Scotiabank Saddledome ahead of the clash with the Winnipeg Jets. THE CANADIAN PRESS

Bettman not debating CTE after NFL admission

The NHL won't comment on an NFL executive's recent acknowledgment the brain disease CTE can be linked to football, because it's not "necessary or appropriate".

When asked at the GMs meeting to comment, Gary Bettman stuck to his position that the league isn't going to get into a public debate. THE CANADIAN PRESS

Patriotes' Asselin named top university player

Guillaume Asselin, a high-scoring forward at the University of Quebec at Trois-Rivieres, was named the top player in Canadian University men's hockey Wednesday night.

The business student and Patriotes player from Quebec City led the country in goals (27), points (47) and game-winning goals (six) in 28 league games. THE CANADIAN PRESS

GMs take a look but leave lottery to luck

NHL

No appetite to change draft order system as Oilers thrive

The Edmonton Oilers are just two points ahead of the last-place Toronto Maple Leafs entering action Wednesday and stand a fair chance of landing the first overall pick for the fifth time in seven years.

But evidently there's no appetite amongst the league's GMs to tweak the rules regarding the draft lottery.

"There was no sentiment to make a change right now," NHL commissioner Gary Bettman said following the third and final day of the GM's meetings.

The NHL shifted the lottery system two years ago, implementing changes that lowered the odds of lottery success for the league's worst teams. The process this year will see three lotteries performed for the top three picks.

Auston Matthews is widely expected to be the first pick in the 2016 NHL draft. RONI REKOMAA/GETTY IMAGES

"There's no incentive to lose now," said Ottawa Senators general manager Bryan Murray. "They're used to be.

"Now the odds are not necessarily in your favour. You get (a) 20 per cent chance. The Toronto Maple Leafs, if they happen to be the (last-place) team, they have 20 per cent chance only. I think anybody that questions it now is wrong."

Some general managers, including St. Louis's Doug Armstrong, expressed interest in devising a rule that prevented teams not last in the standings from winning the draft lottery multiple times in a short period.

"The theory is that if you finish last you always have a chance to win the lottery," Armstrong said. "But if you didn't finish last and win the lottery, you can't do it again for another five years."

That would have limited future scenarios such as the one that saw the Oilers, third-last overall last season, land the top prize in Connor McDavid in 2015 after picking first in 2010, 2011, and 2012.

The plan seemingly didn't gather much support. That could change, though, if Edmonton happens to land the first overall pick again this year with another prize in Auston Matthews available.

"Things like that happen when you have a lottery," Bettman concluded.

THE CANADIAN PRESS

IN BRIEF

Gossage lays low after blasting Jays' Bautista

After making comments critical of some leading Blue Jays, instant replay in baseball and Carolina Panthers quarterback Cam Newton, Hall of Famer Goose Gossage was not at Steinbrenner Field on Wednesday night when Toronto played New York.

Gossage, a Yankees spring training instructor, criticized Blue Jays star Jose Bautista last week for his bat flip during last year's playoffs, calling him "a disgrace to the game" during an interview with ESPN.

THE ASSOCIATED PRESS

Bayern back from the dead to down Italians Juventus

Thomas Mueller equalized in the first minute of injury time and Bayern Munich scored two more goals in extra time to complete a thrilling comeback for a 4-2 victory over Juventus and a place in the Champions League quarterfinals on Wednesday.

Elsewhere Barcelona's big three of Lionel Messi, Luis Suarez and Neymar all scored to beat Arsenal 3-1, sending the defending champions into the quarterfinals for a ninth consecutive season with a 5-1 victory on aggregate.

THE ASSOCIATED PRESS

New Kiwi to take charge of Canucks men's set-up

Rugby Canada is reportedly tabbing another New Zealander to coach the men's national team.

The New Zealand Herald says Mark Anscombe has been offered the job. Anscombe previously coached Ulster in the Guinness Pro 12, Auckland in the ITM Cup and the New Zealand under-20 side that won the 2011 IRB Junior World Championship.

THE CANADIAN PRESS

LeBron told to take a rest ahead of Cavs' playoff run

Cavaliers star LeBron James sat out Wednesday against Dallas, part of the team's plan to rest him before the playoffs.

Coach Tyronn Lue announced the decision not to play James about 90 minutes before tipoff against the Mavericks.

THE ASSOCIATED PRESS

At CARSTAR, we understand that cars are more than just metal. They are our best friends and our workhorses. They are our security and our freedom. Our cars prove to us that sometimes life isn't about the destination, but the journey.

Twitter: @carstarmanitoba
Facebook: CARSTAR Manitoba

CARSTAR proudly offers:
- Collision repair
- Auto glass repair & replacement
- Lifetime Nationwide Warranty
- MPI accredited

CARSTAR Winnipeg Saskatchewan 204 837-2399
CARSTAR Winnipeg Fife 204 632-7712
CARSTAR Winnipeg Chevrier..... 204 475-7193
CARSTAR Winnipeg Henderson..... 204 338-1551
CARSTAR Stonewall..... 204 467-4329

**AIR MILES® reward miles not applicable on MPI claims.*

CARSTAR® Collision & Glass Service

RECIPE Shrimp and Vegetable Spaghetti

Ceri Marsh & Laura Keogh
For Metro Canada

PHOTO: MAYA VISNYEI

This dish is chock full of vegetables and herbs but, more importantly, it yields lots of leftovers.

Ready in
Prep time: 20 minutes
Total time: 50 minutes
Serves 8 to 10

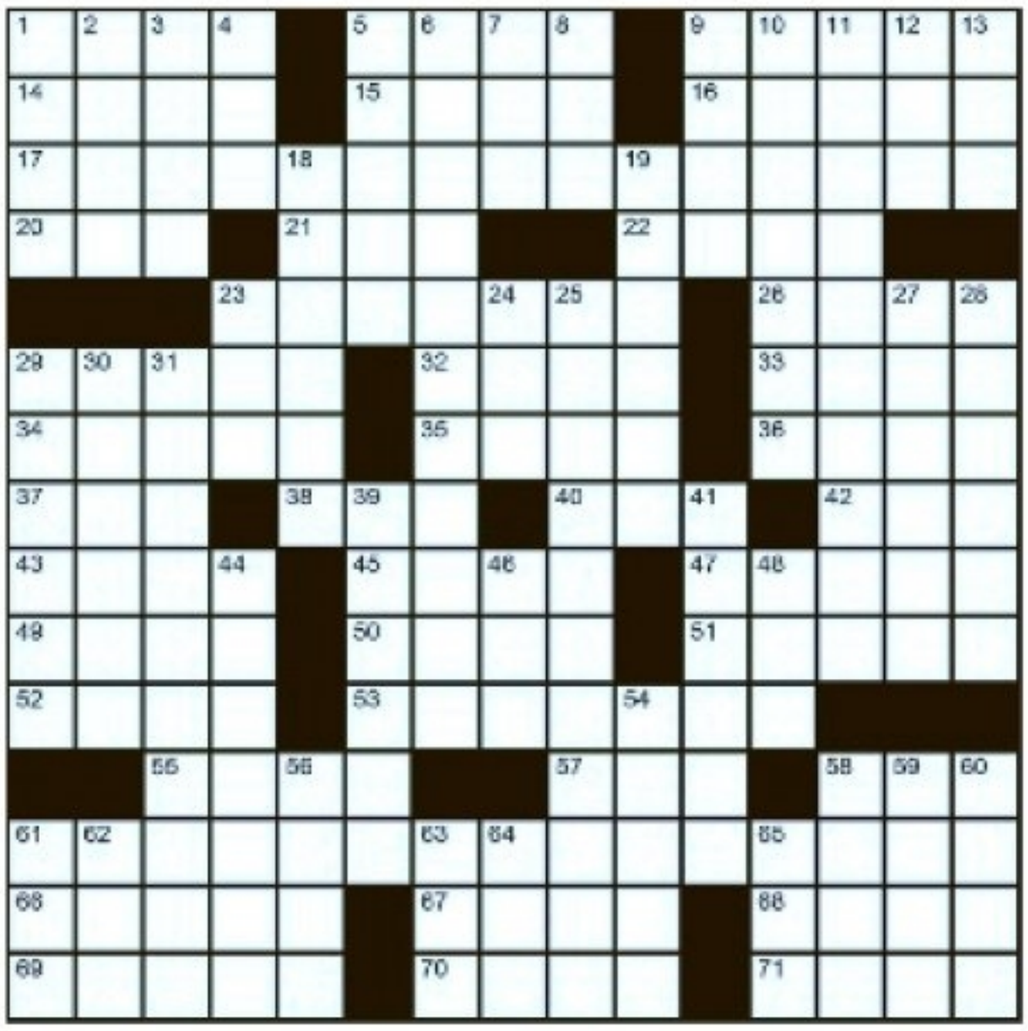
Ingredients
- 1 yellow zucchini, sliced in half lengthwise
- 2 portobello mushrooms, stems removed, caps scooped and halved and then cut crosswise into slices
- 1 red pepper, sliced into quarters
- 1/4 cup olive oil
- 2 Tbsp balsamic vinegar
- 4 cloves garlic, chopped
- 1 Tbsp fresh chopped oregano
- 1 Tbsp fresh chopped rosemary
- 1 Tbsp butter
- 1 lb thawed peeled deveined shrimp
- 1 box of spaghetti
- 2 large meaty tomatoes, sliced into chunks
- 1 container marinated artichoke hearts, plus a drizzle of its oil
- 1 cup feta cheese, plus some of its water
- 1 handful fresh chopped basil

Directions
1. Preheat oven to 400 F.
2. Toss the zucchini, mushrooms and red pepper with 2 Tbsp of olive oil, balsamic vinegar, 2 cloves of garlic, oregano and rosemary to coat.
3. Place vegetables on greased pan and roast in the oven; turn vegetables once and cook until tender, about 30 minutes.
4. Remove to platter and allow to cool slightly so you can handle them to slice. Slice the vegetables into bite size pieces.
5. In a large skillet over medium heat, add butter and two cloves of garlic and cook until aromatic, about 1 minute. Add the shrimp and cook until they are pink, about 5 minutes. Remove the shrimp and juices from the pan and set aside.
6. Meanwhile, in a large saucepan of salted boiling water, cook pasta according to package directions. Drain and place the pasta in a large mixing bowl.
7. Drizzle the rest of the olive oil into the pasta. Toss the vegetables, as well as the shrimp and their buttery juices into the spaghetti and serve with feta and basil.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Irish _ of Tara (Arms of Canada symbol)
5. Performs pluses
9. Uncle on "Full House"
14. Give _ _ (Theatrically prompt)
15. Actress Jessica
16. Currency exchange fees
17. Irish playwright Samuel Beckett's famous production: 3 wds.
20. Canadian ID
21. Ms. Ryan
22. Art Deco designer
23. Chesterfield components
26. Chemical suffixes
29. Zep's "Whole _ Love"
32. Not masc./ Not fem.
33. Trigonometry ratio
34. Shreddies-eater's need: 2 wds.
35. Reaper's adage, "_ _ sow, so shall..."
36. Ernest G. Bilko's rank [abbr.]
37. Rock logo insurance co.
38. Residue variety
40. LPs replacers
42. Big song
43. Knight titles
45. Fizzy beverage
47. "Me, Myself & _" (2000)
49. Architect Mr. Saarinen
50. Banned orchard spray
51. Tightwad
52. Trim
53. Sculpture like the real one
55. Ms. de Matteo
57. Roxy Music's Brian
58. Diving bird
61. Dublin's plays place, founded in 1904: 3 wds.
66. Sir William Cornelius Van _ (Canadian Pacific Railway bigwig in the 1800s)
67. Ghost's cry!
68. Stockings
69. Question-answering options, _ _ No
70. "Michelle ma belle / _ les mots..." - The Beatles
71. Traverse

DOWN
1. Hems and _ (Hesitates)
2. Amazon Rainforest berry
3. Destroy
4. 15th Prime Minister's monogram
5. Daisy Mae's beloved
6. Song by Cdn. rock group Big Sugar: 3 wds.
7. Word's li'l meaning
8. _-mo replay
9. Florida Panthers player Jaromir
10. Me Me ...and more Me
11. Fries and coleslaw: 2 wds.
12. Sault Ste. Marie's nickname, The _
13. East: French
18. Antelope of Africa
19. Caught one's breath
23. Queen _ _. (Toronto thoroughfare)
24. Super _ (Old video game console by Nintendo, commonly)
25. Governor of Quebec, Sir _ _ aka Lord Dorchester (b.1724 - d.1808)
27. Fire truck
28. Irish _ (Sporting dog)
29. Expires
30. Comedian Conan
31. Lists of backstage demands in the world of rock: 2 wds.
39. Divine beetle in ancient Egypt
41. Big lake in Ontario
44. Maria Callas' voice
46. _ of luxury
48. River inlet
54. _ _ water (Up the proverbial creek)
56. Celebrity hairstylist Jose
58. Above
59. Constellation, _ Major
60. Really interested
61. Bible's 'your'
62. Gardening tool
63. Egg-shaped-packaging beauty brand
64. "_-hoo!"
65. Sneeze starters...

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't get emotional over things you can't control. The state of the world may at times upset you but there is only so much you can do on your own. Use the talents you were born with to help those less fortunate.

Taurus April 21 - May 21
If you have to disappoint a friend then so be it — there's no point tying yourself in knots because you don't want to hurt their feelings. Sometimes you have to speak the truth.

Gemini May 22 - June 21
There have been storm clouds in your life of late but the outlook is improving and in a week there will be plenty of sunshine in your life. On the work front, don't be confrontational.

Cancer June 22 - July 23
You are under fortunate stars but your negative attitude is making things look worse than they are. A difficult situation will work itself out, so don't give in to doom and gloom.

Leo July 24 - Aug. 23
What is amusing to you may not be funny to everyone else, so don't laugh too loud or too long or you could offend people. Not everyone is as laid-back as you Leo.

Virgo Aug. 24 - Sept. 23
If you must point out where others are going wrong at least do so with tact. If you come across as rude and uncaring you will lose the support of colleagues who could have and should have been friends.

Libra Sept. 24 - Oct. 23
There have been major changes in your life but soon you'll understand why they had to happen and how they'll benefit you. Find reasons to smile — then have a wild weekend!

Scorpio Oct. 24 - Nov. 22
Travel and social plans may get delayed today but there's no point getting annoyed. If someone lets you down just accept it — it's hardly the end of the world.

Sagittarius Nov. 23 - Dec. 21
Don't be discouraged if what you've been working on these past few weeks does not seem to be making much progress. Keep plugging away and you'll get the breakthrough your efforts deserve.

Capricorn Dec. 22 - Jan. 20
It may be wise not to make your plans public until you're 100 per cent sure you're going to go through with them. The more people who know about them, the more unnecessary pressure you will put on yourself.

Aquarius Jan. 21 - Feb. 19
You may have a lot of tedious tasks to take care of but they won't feel like such a chore if you share the load. Call in a few favours.

Pisces Feb. 20 - March 20
If the route you were planning to take is blocked don't get angry about it — most likely it is the universe's way of telling you that you should be taking a different path. Few things in life happen without a reason.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1				5			
3			1	9		2		
				4			5	
	5		8					6
	9	7				8	1	
6					1		3	
	8			1				
		2		6	8			3
			2				7	

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

5	4	7	2	1	9	6	8	3
9	1	8	3	6	5	4	2	7
3	2	6	7	4	8	5	1	9
1	3	9	5	8	4	2	7	6
4	7	2	6	3	1	9	5	8
6	8	5	9	2	7	3	4	1
8	6	1	4	5	3	7	9	2
7	5	3	1	9	2	8	6	4
2	9	4	8	7	6	1	3	5

As Seen In Metro!
Shop The Sweet Potato Chronicles Cookbook
mymetrostore.ca shop your city

SUPER SLIMS™ WEEKEND

SATURDAY
MARCH 19
SEARS
POLO PARK

SUNDAY
MARCH 20
ST. VITAL
CENTRE COURT

NYGÅRD SLIMS™ LUXE

FASHION SHOWS 1:00 PM & 3:00 PM
Chances to win a Slims Outfit valued at $100

NYGARDSLIMS.COM

CONNECT WITH US ON

NYGÅRD SLIMS™ LUXE

Introducing the NEW NYGÅRD SLIMS LUXE COLLECTION